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*A Tradition of
Excellence in Boise*

Find us on

Garden Plaza of Valley View

"Tradition of Excellence in Boise"
Explore Independent Living at Garden Plaza of Valley View. Our community fosters an active and independent lifestyle for seniors. At Garden Plaza, we are committed to cultivating a warm and inviting atmosphere that you will be proud to call home. Whether you're interested in engaging activities, enjoying delicious meals crafted by our chefs, or simply unwinding in a tranquil environment, our community offers something unique for everyone. Join us and immerse yourself in a vibrant community where friendships thrive and each day presents new opportunities. Discover why we are celebrated for our tradition of excellence in Boise!

Management Team

Eddie Johnson General Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Activities
Jake Garrison Sales

Important Numbers

Front Desk 208-322-0311
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
Physical Therapy 208-501-7195
Recreation 208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7



Hello Everyone!

September is here, bringing the beauty and excitement of a new season to our community. As summer fades into fall, we look forward to cooler days, colorful autumn leaves and plenty of opportunities to enjoy the season together. Check out this month's calendar for all the fun we have planned! As always, we'd love to hear your ideas and suggestions for making September extra special. Let's welcome the changing season, enjoy each other's company and make plenty of wonderful memories along the way! Here's to a fantastic September filled with friendship, fun and a little Fall magic!



Spirit of Boise

Join us for this beloved annual celebration that fills the skies of Idaho with vibrant colors and a sense of amazement. Witness the spectacular sight as hot air balloons inflate and take flight on Friday, Sept 4th. Please sign up!

Celebrating National Grandparents Day!

We're excited to host our annual car show and BBQ, featuring entertainment for everyone to enjoy. Bring the entire family on Sunday, Sept 13th, starting at 10:30 for a day filled with classic cars, mouthwatering food and vibrant music. Our event will showcase a variety of vintage automobiles, sure to delight car enthusiasts of all ages. This occasion isn't just about the festivities. It's a chance to create treasured memories with your grandparents and loved ones. Let's come together to honor the wisdom, love and joy that grandparents bring into our lives. We can't wait to see you there!



Ready, Set, Huddle!

The college football season is upon us, and we're excited to see if BSU will emerge as this year's national champion! Join us for our BSU game watch party (date and time on calendar).



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 FA Community Meeting 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Quarter Bingo 6:30 RR Trivia Night	2 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 3:00 MP Craft Class 6:30 CL Bunco Night	3 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 6:30 BA Gospel Singers	4 7:00 Spirit of Boise Balloon Launch 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Hobby Lobby 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:15 BA Quarter Bingo	5 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 12:30 FA BSU Watch Party 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts...Card Game 6:30 RR Ladies' Game Night
6 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	7 Labor Day 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:30 BA Ice Cream Social 3:00 CL L-C-R Dice Game 3:45 MP Catholic Rosary	8 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 12:30 L Bookmobile 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Quarter Bingo 6:30 RR Trivia Night	9 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 3:00 MP Team Jeopardy 5:00 L Art Show & Sale... Meet the Artist 6:30 CL Bunco Night	10 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Social Hour	11 Patriot Day 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Walmart 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 2:00 RR Art 4 All... painting class with Artist Mary Jussel 3:15 BA Quarter Bingo	12 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts...Card Game 4:00 FA BSU Watch Party 6:30 RR Ladies' Game Night
13 National Grandparents Day 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:30 Classic Car Show-parking Lot 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	14 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:30 RR Activity Planning 3:00 CL L-C-R Dice Game 3:45 MP Catholic Rosary	15 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Quarter Bingo 6:30 RR Trivia Night	16 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 Common Threads Boise Art Museum 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 6:30 CL Bunco Night	17 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA New Resident Meet & Greet	18 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Dollar Store 11:00 MP BVA Meeting 11:30 Lunch Out! Longhorn Steakhouse 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:00 BA Guitar Music with Dan	19 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts...Card Game 6:30 RR Ladies' Game Night 8:00 FA BSU Watch Party
20 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	21 Peace Day 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:00 MP Catholic Mass 3:00 CL L-C-R Dice Game	22 Autumn Begins 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Quarter Bingo 6:30 RR Trivia Night	23 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 3:00 RR Travelogue 6:30 CL Bunco Night	24 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Social Hour	25 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Target 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:00 BA Resident Birthday Bash	26 BSU Game...TBD 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts...Card Game 6:30 RR Ladies' Game Night
27 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	28 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:00 RR Homewatch Vitals Clinic 3:00 CL L-C-R Dice Game 3:45 MP Catholic Rosary	29 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 11:00 RR Food Committee Meeting 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Quarter Bingo 6:30 RR Trivia Night	30 Vaccination Clinic 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:00 RR Flu Clinic 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 6:30 CL Bunco Night			



1st	Rebecca Tremaine
3rd	Marvin Dixon
4th	Patricia Smith
7th	Shirley Rogers
14th	Peggy Williams
16th	Rose Lete
18th	Laura MacGregor
19th	Betty Lee Taylor
20th	Sandra Perotto
21st	Warn Culver
21st	Ruth Lambert
23rd	Joanne Collins
25th	Sharron Jarvis
27th	Pauline Hendrix
28th	Pamela Fraser



Sue Barrow
Curley Culp
Andy Longpre

Welcome, new residents! As you settle into your new home, feel free to call the office if we can help you in any way. We're sure you'll find our community is the friendliest in the area, and we owe it all to our residents. We're glad to have you with us!



Positive Thought

"Aging is not lost youth, but a new stage of opportunity and strength." —Betty Friedan



History of Labor Day

Labor Day (the first Monday in September) is a day for people to consider the economic and social accomplishments of American workers. Without them, America could not function, and we could not enjoy the prosperity of our great nation.

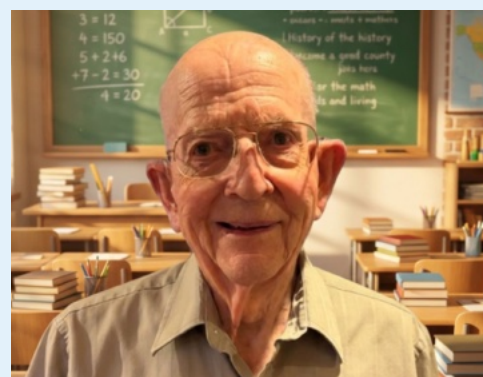
Your Voice Matters!

We love to hear feedback from our residents so we can learn what is working well. Please give me a call, send an email or, better yet, stop by my office to share your thoughts.

Positive feedback is especially helpful when it's public! Help us spread the word about our wonderful community by posting a review online. Lastly, thank you for reading our newsletter! If you have ideas for how we can better share stories and information that you need, please let me know. Thank you for being a part of our community. I appreciate you!
Sherrie Hix

Flu Vaccination Clinic

Flu Clinic: It's that time of year to safeguard yourself against the flu virus. We will be hosting a flu vaccination clinic in collaboration with Savon Pharmacy on Wednesday, Sept 30th, from 1p to 3p. Bring your insurance information when you sign up at the front desk so that the pharmacy can bill your insurance.



We are delighted to recognize **Harvey Pitman** as our Resident of the Month! Harvey and his wife, Eleanor, were married for 69 years and raised a wonderful family of 2 sons, 6 grandchildren, 6 great-grandchildren, and 1 great-great-grandchild. A graduate of the **College of Idaho**, Harvey earned degrees in English, Speech and Theater. His distinguished career included teaching at Boise High and Borah High Schools, serving as a counselor at Borah, and teaching communication and coaching debate at **Boise State University**. After retiring in 1994, Harvey continued giving back to his community by teaching communication workshops, volunteering as a guardian for children, and working as a driving instructor for older adults. He was also honored for 40 years of service to the Presbyterian Church (USA). Today, Harvey is an active and much-loved member of our Valley View community. He enjoys working on puzzles, visiting with friends and meeting up with his church group friends. Congratulations, Harvey! We are proud to celebrate you!