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*A Tradition of
Excellence in Boise*

Find us on 

The Bridge at Valley View

"Tradition of Excellence in Boise"
Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

Management Team

Eddie Johnson General Manager
Virginia Thornley AL Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Activities
Jake Garrison Sales Director

Important Numbers

AL Receptionist 208-327-1044
Front Desk Dial (0)
AL Manager 208-327-1046
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
General Manager 208-327-1021
Recreation 208-327-1025
Physical Therapy 208-501-7195



Hello Everyone!

September is here, bringing the beauty and excitement of a new season to our community. As summer fades into fall, we look forward to cooler days, colorful autumn leaves and plenty of opportunities to enjoy the season together. Check out this month's calendar for all the fun we have planned! As always, we'd love to hear your ideas and suggestions for making September extra special. Let's welcome the changing season, enjoy each other's company and make plenty of wonderful memories along the way! Here's to a fantastic September filled with friendship, fun and a little fall magic!



Spirit of Boise

Join us for this beloved annual celebration that fills the skies of Idaho with vibrant colors and a sense of amazement. Witness the spectacular sight as hot air balloons inflate and take flight on Friday, September 4th, at 7 am.

Celebrating National Grandparents Day!

We're excited to host our annual car show and BBQ, featuring entertainment for everyone to enjoy. Bring the entire family on Sunday, Sept. 13th, at 10:30, for a day filled with classic cars, mouth-watering food and vibrant music. Our event will showcase a variety of vintage automobiles, sure to delight car enthusiasts of all ages. This occasion isn't just about the festivities. It's a chance to create treasured memories with your grandparents and loved ones. Let's come together to honor the wisdom, love and joy that grandparents bring into our lives. We can't wait to see you there!



Ready, Set, Huddle!

Football Kickoff! The college football season is upon us, and we're excited to see if BSU will emerge as this year's national champion! Join us for our BSU game watch party! (Check calendar for date & time.)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR Lifelong Learning 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	2 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 2:30 RR Craft Class 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Horse Race	3 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Quarter Bingo 5:30 RR Pinochle Club 6:30 IL Gospel Singers- IL	4 Spirit of Boise 7:00 O Balloon Festival Launch 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Spill & Spell ... Dice Game 3:30 RR Social Hour 5:30 RR Poker Night	5 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 12:30 L BSU Watch Party 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo
6 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	7 Labor Day 10:00 RR Fun Facts 11:00 DR Exercise Class 1:30 RR Chat Club 2:30 RR Ice Cream Social 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	8 10:00 RR Brain Teaser 11:00 DR Exercise Class 12:45 IL Bookmobile- IL 1:30 P Patio Games 2:30 RR Activity Planning Meeting 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	9 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 3:00 DR Community Meeting 4:00 RR Oh, Shoot! ... Dice Game 5:00 IL Art Show & Sale ... Meet the Artist 5:30 RR Horse Race	10 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	11 Patriot Day 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Spill & Spell ... Dice Game 3:30 RR Word Game 5:30 RR Poker Night	12 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo 4:00 L BSU Watch Party
13 National Grandparents Day 9:00 L Paper Puzzler 10:30 IL Classic Car Show 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	14 NALW ... Mad Hatter Monday 10:00 RR Fun Facts 11:00 DR Exercise Class 1:30 RR Chat Club 2:00 RR Guitar Music with Bruce 3:00 RR Cake Eating Contest 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	15 NALW ... Tacky Tourist Tuesday 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR Travelogue Tuesday 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	16 NALW ... Wild West Wednesday 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 3:00 RR Art 4 All ... painting class with Artist Mary Jussel 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Bucking Bronco Race	17 NALW ... Team Spirit Thursday 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Football Bingo 5:30 RR Pinochle Club	18 NALW ... Casual Day Friday 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Spill & Spell ... Dice Game 3:00 RR Ice Cream Social 5:30 RR Poker Night	19 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo 8:00 L BSU Watch Party
20 9:00 L Paper Puzzler 9:30 RR Life Church Service 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	21 10:00 RR Fun Facts 11:00 DR Exercise Class 1:30 RR Chat Club 2:00 IL Catholic Mass-IL 2:30 RR What's Cooking? 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	22 Autumn Begins 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR You Be The Judge 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	23 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 2:30 RR Who, What, When 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Horse Race	24 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	25 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Spill & Spell ... Dice Game 3:00 DR Resident Birthday Bash 5:30 RR Poker Night	26 BSU Game ... TBD 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo
27 9:00 L Paper Puzzler 9:30 RR Life Church Service 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	28 10:00 RR Fun Facts 11:00 DR Exercise Class 1:30 RR Chat Club 2:30 RR What's Cooking? 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	29 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR Food Committee Meeting 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	30 Flu Vaccination Clinic 9:30 RR Chapel 9:30 DR Flu Shot Clinic 11:00 DR Exercise Class 1:30 DR Chat Club 2:30 RR Word Game 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Horse Race			

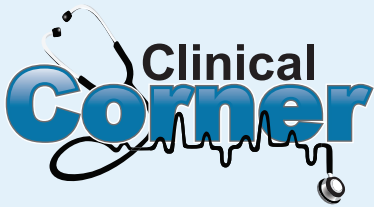


5th Marilyn Jennings
27th Jackie Cushing

Welcome New Residents

Bill Ringert

We'd like to offer a sincere welcome to all of our new residents. We're sure you'll find this is the nicest, friendliest, most fun community in the area. If there's anything we can do to make your home more comfortable, we're just a phone call away!



Flu Vaccination Clinic

It's that time of year to safeguard yourself against the flu virus. We will be hosting a flu vaccination clinic in collaboration with Savon Pharmacy on Wednesday, September 30th, from 9:30 to noon. Bring your insurance information when you sign up at the front desk so that the pharmacy can bill your insurance.



National Assisted Living Week

National Assisted Living Week always begins on Grandparents Day, the first Sunday after Labor Day. It provides a fabulous opportunity to bring together the residents, families, employees and volunteers within the assisted living community to celebrate our elders and the services they are provided.

The memories and heritage of senior citizens are priceless and extremely important to preserve. If we are willing to listen, we can learn much from their experiences and use them to enrich our own lives, as well as future lives and generations to come.

Your Voice Matters!

We love to hear feedback from our residents so we can learn what is working well. Please give me a call, send an email or, better yet, stop by my office to share your thoughts. Positive feedback is especially helpful when it's public! Help us spread the word about our wonderful community by posting a review online. Lastly, thank you for reading our newsletter! If you have ideas for how we can better share stories and information that you need, please let me know. Thank you for being a part of our community. I appreciate you!

Sherrie Hix

Resident of the Month



Del Stremmer was born on April 4, 1933 in Lynden, Washington. As the oldest of 3 boys, Del has always been a natural leader and someone who enjoys staying busy. Del and his wife, Sue, have been happily married for 53 years and have 3 daughters together. Del is a proud veteran, spent 40 years working as a truck driver and was also involved with the Georgia-Pacific union for 40 years. A true "fix-it man," Del has always enjoyed working with his hands and taking on projects around the house. If something needed to be repaired, Del was often the person to figure it out and fix it himself. Throughout his life, Del has enjoyed many hobbies and adventures. You could often find him riding his Harley, golfing, hunting, roller skating or traveling. He has traveled all around the country, but one of his favorite places to spend the spring is Arizona. These days, Del enjoys playing pool and taking walks around the community. His hardworking nature, adventurous spirit and willingness to lend a helping hand have made him a wonderful part of our community!