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*A Tradition of
Excellence in Boise*

Find us on 

The Bridge at Valley View

"Tradition of Excellence in Boise"

Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

Management Team

Eddie Johnson	General Mgr.
Virginia Thornley	AL Manager
Jaimie Cox	Business Office
Jennifer Kavulich	Dining Svs
Frank Dowd	Maintenance
Sherrie Hix	Recreation
Melanie Eames	Sales
Pam Dillman	Sales

Important Numbers

AL Receptionist	208-327-1044
Front Desk	Dial (0)
AL Manager	208-327-1046
Beauty Shop	208-327-1178
Business Office	208-327-1023
Dining Room	208-327-1416
General Manager	208-327-1021
Recreation	208-327-1025

Summer Greetings

Welcome to the dog days of summer! Plenty of "cool" activities planned this month, so make plans to dive in and join us for some fun times. If you have any ideas or suggestions, please stop by my office. My door is always open, and I enjoy chatting with each and every one of you! ~ Sherrie



Resident Referral Program

Don't you just love living in our community? Whether it's because of our great staff, great location or great amenities, tell everyone you know about how much you love living here. Then, if they sign a lease, you'll receive a reward!

It's Fair Time!

We're heading to the fair this month! Get ready for carnival treats, fun games, and exciting exhibits during our outing! Whether you can join us at the fair or not, we'll be bringing the fair fun to you! See your calendar for upcoming festivities and don't miss out on the fun.



Put on Your Game Face!







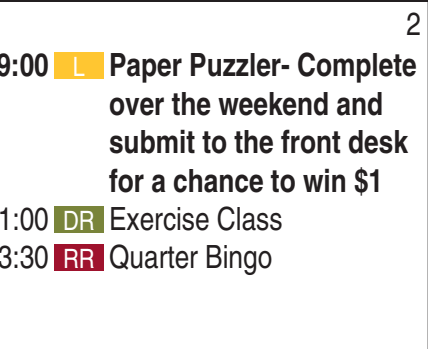





Join your fellow residents for a week of friendly competition and a whole lot of laughs as we play some of your favorite TV Game Shows live! Think you've got what it takes to be the next champion? It's time to step up, take a shot at the buzzer, and claim your moment of glory.

School Supply Drive

Summer is coming to an end, and soon our area schools will be back in session! Let's help local students have a great start to the year by collecting school supplies to donate to those in need. Look for posted flyers with a wish list plus other information, or stop by my office for more details. Thank you for helping serve our community!

Immunization Awareness

August is Immunization Awareness Month and a good time to check with your physician to make sure you are up to date on all of your vaccinations. Remember, flu season is approaching, and it's important to get your flu shot when it becomes available.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 L Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 L Scrabble	4 10:00 RR Do You Recall? 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Pictionary Game 2:30 DR R & R Inspiration 4:00 RR L-C-R Dice Game	5 10:00 RR Brainteaser 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Travelogue 2:30 RR Book Club 3:30 RR Quarter Bingo	6 9:30 RR Chapel 11:00 DR Exercise Class 11:30 IL Weenie Roast Wednesday 1:00 DR Walking Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Craft Class 4:00 RR Oh, Shoot! ... Dice Game	7 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 4:30 L Individual Mystery Puzzle 6:30 IL Gospel Singers- IL	8 9:30 RR Bible Study 10:30 O Shop Albertsons 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Word Game 2:00 IL Fair Food Friday 3:00 RR Tie Dye Art Fair	9 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 3:30 RR Quarter Bingo
10 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 L Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 L Scrabble	11 10:00 RR Do You Recall? 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Pictionary Game 2:00 DR Guitar Music with Bruce 2:00 IL Parkinson's Support Group-IL 4:00 RR L-C-R Dice Game	12 10:00 RR Brainteaser 11:00 DR Exercise Class 12:45 IL Bookmobile- IL 1:00 RR Walking Club 1:30 RR Activity Planning Meeting 2:30 RR Book Club 3:30 RR Quarter Bingo	13 9:30 RR Chapel 11:00 DR Exercise Class 11:30 IL Weenie Roast Wednesday 1:00 DR Walking Club 1:30 RR Spill & Spell ... Dice Game 3:00 RR Art 4 All... painting class with Artist Mary Jussel 4:00 RR Oh, Shoot! ... Dice Game 5:00 IL Art Show & Sale ... Meet the Artist	14 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 4:30 L Individual Mystery Puzzle	15 9:30 RR Bible Study 10:30 O Shop Albertsons 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Word Game 2:00 IL Fair Food Friday 3:30 RR Carnival Games	16 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 3:30 RR Quarter Bingo
17 9:00 L Paper Puzzler 9:30 RR Worship Service ... Life Church 11:00 IL Catholic Service- IL 11:00 L Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 L Scrabble	18 TV Game Show Week 10:00 RR Do You Recall? 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Pictionary Game 2:00 IL Catholic Mass-IL 2:30 RR What's Cooking? 4:00 RR Name That Tune	19 TV Game Show Week 10:00 RR Brainteaser 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 O Western Idaho Fair 1:30 RR Who, What, When 2:30 RR Book Club 3:30 RR Jeopardy	20 TV Game Show Week 9:30 RR Chapel 11:00 DR Exercise Class 11:30 IL Weenie Roast Wednesday 1:00 DR Walking Club 1:30 RR Spill & Spell ... Dice Game 3:00 DR Community Meeting 3:30 DR Candy Bars 4:00 RR Wheel of Fortune	21 TV Game Show Week 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 O Tour the Town  3:30 RR Price Is Right! 4:30 L Individual Mystery Puzzle	22 TV Game Show Week 9:30 RR Bible Study 10:30 O Shop Albertsons 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Word Game 2:00 IL Fair Food Friday 3:30 RR Family Feud	23 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 3:30 RR Quarter Bingo
24 9:30 RR Worship Service ... Life Church 11:00 IL Catholic Service- IL 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 L Scrabble	25 10:00 DR Do You Recall? 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Pictionary Game 2:30 RR What's Cooking? 4:00 RR L-C-R Dice Game	26 10:00 RR Brainteaser 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Food Committee Meeting 2:30 RR Book Club 3:30 RR Quarter Bingo	27 9:30 RR Chapel 11:00 DR Exercise Class 11:30 IL Weenie Roast Wednesday 1:00 DR Walking Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Lifelong Learning 4:00 RR Oh, Shoot! ... Dice Game	28 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 4:30 L Individual Mystery Puzzle	29 9:30 RR Bible Study 10:30 O Shop Albertsons 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Word Game 3:00 DR Resident Birthday Bash 	30 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 3:30 RR Quarter Bingo
31 11:00 IL Catholic Service- IL 11:00 L Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 L Scrabble						

Happy Birthday

4th Margaret Lightfoot
4th Irene Reich
11th Jim Nicholson
16th Virginia Bessone

Life Enrichment Corner

Read ... Read ... Read

Did you know that we have a great selection of books for you to check out right here in the library? Whether you are lounging outside or having a lazy day in your apartment, we have a book for you. Come check it out! And remember, we are always glad to receive donations, so when you are done with that bestseller you're reading, drop it off at our library for someone else to enjoy.



Board Games and the Brain

Besides being fun, board games also benefit the brain. The strategy and problem-solving skills involved in playing board games engages the parts of the brain that control memory and complex thinking. Research shows that participating in non-digital games helps keep the mind sharp.

Dog Days of Summer

Go fetch some "pupcorn" and join us on Sunday for these furry flicks starring man's best friend:

- "Benji"
- "Beethoven"
- "Homeward Bound"
- "Best in Show"
- "Marley & Me"

Laugh Lines: Dog Days

These dog jokes will have you howling!

Q: What do dogs do after they finish obedience school?

A: They get their masters.

Q: What do you call a large dog that meditates?

A: Aware wolf.

Q: What do dogs and phones have in common?

A: They both have collar IDs.

Q: What should you give a dog with a fever?

A: Mustard—it's the best thing for a hot dog.

Q: What do you call a dog that's cold?

A: A chili dog.

Q: What kind of dog doesn't bark?

A: A hush puppy.

Q: What kind of dog has a bark but no bite?

A: A dogwood.

Last Licks

At a family dinner, 8-year-old Tim eagerly served cupcakes he had made himself. After everyone began eating, his uncle asked, "Tim, how did you get the icing to look so smooth?"

"Easy, I licked them," Tim answered proudly.

His uncle gulped and asked, "You licked all of these?"

"Well, no," replied Tim. "After my tongue got tired, I got the dog to help."

Top Dogs

They steal our hearts and make us laugh. Some of the world's most memorable stars have been canines. Celebrate these "pup" culture icons on National Dog Day, Aug. 26.

Petey. The original pooch in "The Little Rascals" kid comedies had a partial black circle around one eye, which makeup artists completed with dye, giving him the distinctive look he's known for.

Pluto. Since 1930, Mickey Mouse's pet and faithful sidekick has entertained audiences with his silly facial expressions and playful personality.

Toto. Dorothy's loyal companion, who journeyed with her from their Kansas farm to a magical land in the classic film "The Wizard of Oz," was played by a black cairn terrier named Terry.

Snoopy. Sleeping on top of his doghouse, pretending to be a World War I flying ace, and writing stories on his typewriter are just a few of the quirky pastimes of Charlie Brown's pet beagle in the "Peanuts" comic strip.

Benji. This heroic mixed-breed mutt, who gets in many predicaments but always manages to save the day, became a box office star when his first film debuted in 1974.

Gidget. The small Chihuahua with the big personality starred in popular commercials for the fast-food chain Taco Bell in the late 1990s.

