

### 1130 N Allumbaugh Street Boise, ID 83704 (208) 322-0311 Fax: (208) 854-8653

# A Tradition of Excellence in Boise

Find us on



# Garden Plaza of **Valley View**

#### "Continuum of Care Campus"

Enjoy Independent Living, Assisted Living, Skilled Nursing and Rehabilitation at its best at Garden Plaza of Valley View, The Bridge at Valley View and Valley View Nursing and Rehabilitation. Our community encourages seniors to live their retirement years actively and independently. Retirement Living at Garden Plaza allows seniors to live carefree lifestyles—because we take care of the details! We are committed to creating a place you will love to call home!

Management Team

Eddie Johnson	General Mgr
Jaimie Cox	Business Office
Jennifer Kavulich	Dining Svs
Frank Dowd	Maintenance
Sherrie Hix	Recreation
Melanie Eames	Sales
Pam Dillman	Sales



Important Numbers

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Front Desk	
Beauty Shop	. 208-327-1178
Business Office	. 208-327-1023
Dining Room	. 208-327-1054
Emergency	911
Physical Therapy	. 208-854-8502
Recreation	. 208-327-1025

#### Office Hours

Monday-Friday ........... 8 am - 4:30 pm Front Desk Available 24/7



**Independence Day** 

More than any other holiday, Independence Day unifies our country. Citizens put aside their differences and remember our many reasons for national pride. "From sea to shining sea," our abundant natural resources support and inspire us. Our diverse populations are the source of our collective strenath. Our freedoms and ideals are an inspiration for people around the globe. This Independence Day, experience the full meaning of this special event. Join us on July 4 as we celebrate the birthday of our areat nation in the bar area at 3 pm. We'll have a blast!

#### **Banish Summer Boredom**

Long summer days with not much on a to-do list can make many seniors stir crazy. If this is the case for you, seize the day and create your own schedule, then stick to it. Think of the things you enjoy doing, then pen your wish list of activities in a daily planner. An example day might be waking up and planning to read the newspaper for an hour after breakfast. Then spend an hour socializing, bird watching or people watching! Slate the next hour as a time for writing whether poetry, letters to loved ones or personal journaling. Get a friend to craft a similar schedule so your days intersect ... and don't forget about exercise and community activities. Regular schedules keep our minds focused and give us something to look forward to. So, what are you doing today?



#### **Summer Fun**

Summer is always fun in our community, and this year is no different. We're planning fun activities to take advantage of the warm weather, so watch for details in the community activity bulletin. If you have any suggestions, please stop by my office. See you soon! ~ Sherrie

#### **Spread the News**

Don't you just love living in our community? Whether it's because of our great staff, great location or great amenities, make sure you tell everyone you know about how much you love living here. Then, if they visit us, sign a lease and move in, you'll receive a reward.



# July 2025

L Library FA Fitness Area MP Multipurpose Room RR Rec Room Lobby

\$ Cost

CL Card Lounge
BA Bar Area

A SENIOR LIVING COMMUNITY	Y					Dai Alea
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hello		10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 FA Community Meeting 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 BA Quarter Bingo 6:30 RR Trivia Game Night	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 RR Who, What, When 3:00 RR Art Class with Mary Jussel 6:30 CL Bunco Night	9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 6:30 BA Gospel Singers	* Fourth of July * *	10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.  10:00 FA Stretch Class  1:00 CL VV Pinochle\$  1:30 CL L-C-R Dice Game  6:30 RR Ladies' Game Night
10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.  11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler		10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 11:00 L Walking Club 12:30 L Bookmobile 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 BA Quarter Bingo 6:30 RR Trivia Game Night	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 RR Craft Class 2:00 L Creative Writing Chat 3:30 MP Team Jeopardy 6:30 CL Bunco Night	9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Happy Hour	9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Albertsons 11:00 L Walking Club 11:30 Lunch Out! 1:00 RR Mahjong 1:30 Shop Walmart 2:00 CL Ice Cream Social 3:15 BA Quarter Bingo	10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.  10:00 FA Stretch Class  1:00 CL VV Pinochle\$  1:30 CL L-C-R Dice Game  6:30 RR Ladies' Game Night
13 10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 10:30 MP Veterans' Coffee Social 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 BA Quarter Bingo 6:30 RR Trivia Game Night	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 11:30 Outdoor Summer BBQ 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 MP Travelogue 3:30 MP Team Jeopardy 5:00 L Meet & Greet the Artist 6:30 CL Bunco Night	9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA New Resident Meet & Greet	9:30 Brunch In The Rose Garden 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Albertsons 11:00 MP BVA Meeting 11:00 L Walking Club 1:00 RR Mahjong 1:30 Shop Winco 2:00 GL Ice Cream Social 3:15 BA Quarter Bingo	19 10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 6:30 RR Ladies' Game Night
10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.  11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	10:00 FA Stretch Class	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 1:30 Idaho State Museum 2:00 MP Do You Recall? 3:15 BA Quarter Bingo 6:30 RR Trivia Game Night	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 RR Lifelong Learning 3:30 MP Team Jeopardy 6:30 CL Bunco Night	9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Happy Hour 6:30 BA Bingo Madness		10:00 Paper Puzzler complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.  10:00 FA Stretch Class  1:00 CL VV Pinochle\$  1:30 CL L-C-R Dice Game  6:30 RR Ladies' Game Night
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**Happy Birthday!** 

Make a wish and blow out the candles! To all our residents celebrating birthdays this month, we offer best wishes.

3rd Ken Fries 7th Joyce Palazzolo 17th Sharon Nelson 19th Ron Jennings 22nd Gale Nehrig 22nd Joan Kelly 26th **Dorothy Stevens** 28th Clarence Forrey 31st Harvey Pitman



**Walking Club!** 

Join us for our weekday walking club. We meet every day in the front lobby. You are welcome any time you can come. Previous experience not required! Walking is one of the best forms of exercise. Every step counts!

## Make It a Date

Join us for a mix and mingle night with other residents in the community! It's a wonderful opportunity to connect with your fellow residents, make new friends, and strengthen the bonds that make our community special. We look forward to seeing you there! Check the calendar for details.



Serving It Up: Hot Diggity Dog

The third Wednesday in July is National Hot Dog Day. Join us for our Hot Dog Buffet on July 16th at 11:30!

Relish these riddles about one of America's favorite foods.

Q: How was the Fourth of July cookout?

A: The hot dogs were good, but the brats were the wurst.

Q: Did you see the new movie about the hot dog?

A: It's an Oscar wiener.

Q: Why did the hot dog turn down a chance to star in a summer blockbuster?

A: The "roll" wasn't good enough.

Q: How does a hot dog travel?

A: In a wiener-bago.

Q: What did the vendor do after running out of hot dogs?

A: He made a concession speech.

Q: What's the first rule of a hot dog race?

A: Wiener takes all.

Q: Did you hear about the lost sausage?

A: There's a missing link in the case.

Q: What did the mother hot dog say to the ornery baby hot dog?

A: "Ketchup! And don't be a brat."

Q: Where did the hot dog escape a close shave?

A: At the barber-cue.

Q: What do you call an outspoken hot dog?

A: A frank-furter.



**Bingo Madness** 

Get in the game! Are you ready for an evening of fun, excitement, and fabulous prizes? Whether you're a seasoned bingo enthusiast or a curious newcomer, there's a spot for you in the action. We'll have rounds of classic bingo games, surprise twists, and chances to win amazing gifts for a perfect game night. Don't miss out on the chance to shout "Bingo!" and take home the grand prize. Check calendar for details.



# **Going Once, Going Twice**

Come spend your funny money at our auction on July 31st. Funny Money reminds us that happiness is priceless and laughter is a currency of its own. So, go ahead, make a bid, and let the fun begin!



# **Get the Scoop (or Two)**

We're hosting an ice cream social every Friday in July! Come check out our buffet of tasty ice cream and get the dish on community happenings. See calendar for details.

