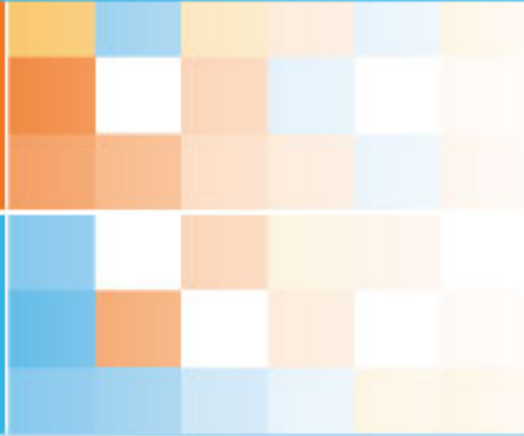




1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

*A Tradition of
Excellence in Boise*

Find us on 

Garden Plaza of Valley View

"Tradition of Excellence in Boise"
Explore Independent Living at Garden Plaza of Valley View. Our community fosters an active and independent lifestyle for seniors. At Garden Plaza, we are committed to cultivating a warm and inviting atmosphere that you will be proud to call home. Whether you're interested in engaging activities, enjoying delicious meals crafted by our chefs, or simply unwinding in a tranquil environment, our community offers something unique for everyone. Join us and immerse yourself in a vibrant community where friendships thrive and each day presents new opportunities. Discover why we are celebrated for our tradition of excellence in Boise!

Management Team

Eddie Johnson General Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Activities
Jake Garrison Sales

Important Numbers

Front Desk 208-322-0311
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
Physical Therapy 208-501-7195
Recreation 208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7



October Greetings

October is here, bringing crisp fall weather, colorful leaves, and plenty of seasonal fun! I'm looking forward to another wonderful month together at Valley View. Check your calendar for our daily activities, outings and special events, and join us for all the fun. There's something for everyone to enjoy! It's truly a joy to have you as part of our Valley View community. As always, please feel free to stop by my office anytime with questions, comments, or ideas. I always enjoy hearing from you. Wishing everyone a happy and fun-filled October! ~ **Sherrie Hix**

Spook-tacular Contest

Show off your Halloween spirit and creativity by decorating your apartment door with festive, spooky, or fall-inspired decorations! Let your imagination run wild as we search for Valley View's most fang-tastic doors. Winners will be announced at our Halloween party!

Creating for a Cause

Our annual Empty Bowls fundraiser benefiting The Idaho Food Bank is back! Join us for a ceramic painting class and decorate a soup bowl for charity. Valley View provides the bowl and supplies—you bring the creativity! Your finished bowl will be donated to the Empty Bowls Program to help fight hunger in Idaho. Together, we can make a difference—one bowl at a time!



Do the Monster Mash Boo!

We're scaring up some fun for residents this month with our Halloween costume party, so join us on Friday, October 30th, at 3 pm for tricks and treats—oh, and prizes for the best costumes.

Candy Donations

We're collecting candy for our Family & Friends Kids' Halloween Trick-or-Treat Day on Saturday, October 31st! If you'd like, donate candy and help make this a fun-filled event for our little trick-or-treaters. Thank you for helping us make Halloween at Valley View extra sweet!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 4	 5	 6	 7	1 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Fred Meyer 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 6:30 BA Gospel Singers	2 We Wear Pink Friday 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Grocery Outlet 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:15 BA Quarter Bingo	3 BSU Game Day 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts ... Card Game 5:30 FA BSU @ Utah State 6:30 RR Ladies' Game Night
10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:30 RR Activity Planning 3:00 CL L-C-R Dice Game 3:45 MP Catholic Rosary	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 FA Community Meeting 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 FA Idaho Bluegrass Band 3:15 BA Quarter Bingo 5:00 L Art Show & Sale ... Meet the Artist 6:30 RR Trivia Night	10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 3:00 MP Art 4 All ... painting class with Artist Mary Jussel 6:30 CL Bunco Night	8 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Oktoberfest! Edelweiss Band	9 We Wear Pink Friday 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Walmart 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:15 BA Quarter Bingo	10 BSU Game Day 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts ... Card Game 6:30 RR Ladies' Game Night 8:30 FA BSU@ Fresno State
11 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	12 Columbus Day 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 3:00 CL L-C-R Dice Game 3:30 FA Disneyland Jazz-Rob Verdi 3:45 MP Catholic Rosary	13 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 12:30 L Bookmobile 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Pink Ribbon Bingo 6:30 RR Trivia Night	14 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Soup Bowls for Charity 3:00 MP Wii Bowling 6:30 CL Bunco Night	15 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Fred Meyer 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA New Resident Meet & Greet	16 We Wear Pink Friday 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Dollar Store 11:00 MP BVA Meeting 1:00 CL Lunch Out! Olive Garden 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:15 BA Quarter Bingo	17 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts ... Card Game 6:30 RR Ladies' Game Night
18 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	19 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:00 MP Catholic Mass 3:00 CL L-C-R Dice Game	20 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Quarter Bingo 6:30 RR Trivia Night	21 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Soup Bowls for Charity 3:00 MP Team Jeopardy 6:30 CL Bunco Night	22 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Social Hour	23 We Wear Pink Friday 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... T.J.Maxx 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:00 BA Resident Birthday Bash	24 BSU Game Day 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:30 CL Hearts ... Card Game 4:00 FA BSU @ Washington State 6:30 RR Ladies' Game Night
25 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	26 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 3:00 CL L-C-R Dice Game 3:45 MP Catholic Rosary	27 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 11:00 RR Food Committee Meeting 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 3:15 BA Flamingo Bingo 6:30 RR Trivia Night	28 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Soup Bowls for Charity 3:00 MP Wii Golf 6:30 CL Bunco Night	29 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Fred Meyer 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:00 RR Craft Class	30 Halloween Party 9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Townsquare Mall 1:00 CL Pool Table Slop 1:30 CL "31" Bring 3 Quarters 1:30 Shop ... Albertsons 3:00 BA Monster Mash Bash	31 Happy Halloween 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 2:00 L Kids' "Trick-or-Treat" 2:30 CL Hearts ... Card Game 6:30 RR Ladies' Game Night 8:00 FA BSU vs Texas State

Welcome New Residents

Bruce & Barbra Boyles
Ken & Sally Carpenter
Ginger Clark
Matilda Croasdale
Jess & Barbara Miller
Ronald Saletta

Welcome, new residents! As you settle into your new home, feel free to call the office if we can help you in any way. We're sure you'll find our community is the friendliest in the area, and we owe it all to our residents. We're glad to have you with us!

Happy Birthday

5th	Connie Smith
14th	Dorris Martin
17th	Jim Inlow
23rd	Diane Bertsch
23rd	Carol Patchen
29th	Beverly Blevins
29th	Harriet Dake
31st	Mary Flaschner

The staff would like to wish those residents celebrating a birthday in October a very happy birthday.



Many offices will be closed on Monday, October 12, in observance of Columbus Day, including federal offices, banks and postal offices.



Go Pink in October!

October is Breast Cancer Awareness Month, and Valley View is going pink! Throughout the month, we'll have a variety of pink-themed activities to help raise awareness and show our support for this important cause. Check the calendar and special bulletins for all the details. Wear Pink Every Friday in October and help us show our support for breast cancer awareness!



It's Oktoberfest Time!

We're rolling out the fun at our Oktoberfest party! Don your dirndl or lederhosen, or just come as you are, and celebrate the season with tasty treats and lively music with the Edelweiss Band on October 8th at 3:30pm.



"Trick-or-Treat"

We've asked the mini ghosts and goblins from our area to join us for a truly bewitching trick-or-treat. Now, we invite you, our residents, to join in the fun by donning your most ghoulish attire. We'll have plenty of treats available for you to hand out to all the witches and wizards who may sweep through our community on Saturday, Oct. 31st, at 2 pm outside the front portico.



Resident Spotlight

Meet Darwin Smith

Darwin was born on December 2, 1933. He and his beloved wife, Betty, shared an incredible 72 years of marriage before her passing this past February. They met while Darwin was attending Navy Air School in Tennessee and, after just three months, decided to elope. Together, they built a beautiful family of three children, six grandchildren, and eight great-grandchildren. Darwin proudly served in the U.S. Navy from 1953 to 1957, working in naval aviation and pilot training. After his military service, he continued his career in aviation, working for United Airlines in passenger service for 26 years before retiring in 1991. In retirement, Darwin discovered a passion for painting, especially Western-style artwork, and even received recognition for his talent in a Colorado newspaper. Darwin looks back on his life with gratitude, saying there is nothing he can complain about. His story reflects a life filled with love, service, family, creativity and a wonderfully positive outlook. We are proud to honor Darwin as our Resident of the Month.