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*A Tradition of
Excellence in Boise*

Find us on 

The Bridge at Valley View

"Tradition of Excellence in Boise"

Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

Management Team

Eddie Johnson General Mgr.
Virginia Thornley AL Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Recreation
Melanie Eames Sales
Pam Dillman Sales

Important Numbers

AL Receptionist 208-327-1044
Front Desk Dial (0)
AL Manager 208-327-1046
Beauty Shop 208-327-1178
Business Office 208-327-1023
Dining Room 208-327-1416
General Manager 208-327-1021
Recreation 208-327-1025



October Greetings

October is here! I'm looking forward to a month of fall weather and fun festivities. Check the calendar for our daily activities and special events, and plan to join us for a good time! It's a joy to have you here, and feel free to stop by my office anytime with questions or comments. ~ Sherrie Hix

Oktoberfest!

We're rolling out the fun at our Oktoberfest party! Don your dirndl or lederhosen, or just come as you are, and celebrate the season with tasty treats and lively music with the Edelweiss Band on October 1st in Independent Living bar area at 3 pm.

Spook-Tacular Door Decorating Contest

Our residents enjoy adding a bit of autumn and Halloween spirit to their apartments, and this year, we're excited to host a contest to find the most creatively decorated door. Winners will be announced during our Monster Mash Bash.

Monster Mash Bash

Boo! We're scaring up some fun for residents this month with our Halloween costume party, so please plan to join us on Friday, October 31st at 3 pm for tricks and treats—oh, and prizes for the best costumes. Keep your eyes and ears open for details.

2025 Empty Bowls


Our annual Empty Bowls fundraiser to support the Idaho Food Bank kicks off this month in our community—just in time for the holiday season. Come to our ceramic class and hand paint a soup bowl for charity.

Book Buddies

October is National Reading Group Month, and with winter approaching, it's a great time to join or book club that meets weekly. Reading groups provide a wonderful opportunity to engage with fellow book lovers and share good conversation.

Halloween Candy Donations

We're collecting candy to hand out to trick-or-treaters during our family and friends Halloween Trick-or-Treat day on Saturday, 25th. If you'd like to contribute, please see Sherrie Hix, Recreation Director. Thank you for your generosity!

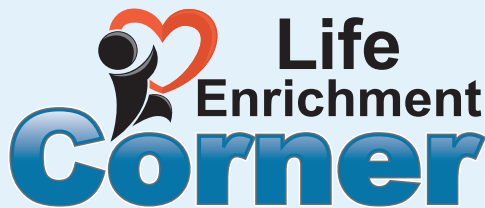
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>5</div> <div>9:00 <div>L</div> Paper Puzzler 11:00 <div>IL</div> Catholic Service- IL 11:00 <div>L</div> Exercise Tape 1:30 <div>L</div> Color Art 2:30 <div>L</div> Movie & Popcorn 3:30 <div>L</div> Scrabble</div>	 <div>6</div> <div>10:00 <div>RR</div> Do You Recall? 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Pictionary Game 2:30 <div>RR</div> What's Cooking? 4:00 <div>RR</div> L-C-R Dice Game</div>	 <div>7</div> <div>10:00 <div>RR</div> Brainteaser 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Travelogue 2:30 <div>RR</div> Book Club 2:30 <div>IL</div> Idaho Bluegrass Band 3:30 <div>RR</div> Quarter Bingo</div>	<div>1</div> <div>9:30 <div>RR</div> Chapel 11:00 <div>DR</div> Exercise Class 1:00 <div>DR</div> Walking Club 1:30 <div>RR</div> Spill & Spell ... Dice Game 3:00 <div>IL</div> Oktoberfest! Edelweiss Band 4:00 <div>RR</div> Oh, Shoot! ... Dice Game</div>	<div>2</div> <div>10:00 <div>RR</div> Table Talk Tidbits 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Tour the Town🚗 3:30 <div>RR</div> Quarter Bingo 4:30 <div>L</div> Individual Mystery Puzzle 6:30 <div>IL</div> Gospel Singers- IL</div>	<div>3</div> <div>We Wear Pink Friday 9:30 <div>RR</div> Bible Study 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Shop Albertsons 1:30 <div>RR</div> Word Game 2:30 <div>RR</div> Blackjack "21" 3:30 <div>RR</div> Happy Hour</div>	<div>4</div> <div>BSU Game Day 9:00 <div>L</div> Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 <div>DR</div> Exercise Class 1:30 <div>L</div> BSU vs Notre Dame 1:30 <div>IL</div> Ernest Hemingway Presentation 3:30 <div>RR</div> Quarter Bingo</div>
<div>12</div> <div>9:00 <div>L</div> Paper Puzzler 11:00 <div>IL</div> Catholic Service- IL 11:00 <div>L</div> Exercise Tape 1:30 <div>L</div> Color Art 2:30 <div>L</div> Movie & Popcorn 3:30 <div>L</div> Scrabble</div>	<div>13</div> <div>Columbus Day 10:00 <div>RR</div> Do You Recall? 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Pictionary Game 2:30 <div>RR</div> What's Cooking? 4:00 <div>RR</div> L-C-R dice game</div>	<div>14</div> <div>10:00 <div>RR</div> Brainteaser 11:00 <div>DR</div> Exercise Class 12:45 <div>IL</div> Bookmobile- IL 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Activity Planning Meeting 2:30 <div>RR</div> Book Club 3:30 <div>RR</div> Quarter Bingo</div>	<div>15</div> <div>9:30 <div>RR</div> Chapel 11:00 <div>DR</div> Exercise Class 1:00 <div>DR</div> Walking Club 1:30 <div>IL</div> Disneyland Jazz-Rob Verdi 1:30 <div>RR</div> Spill & Spell ... Dice Game 3:00 <div>DR</div> Community Meeting 3:30 <div>DR</div> Ice Cream Bars 4:00 <div>RR</div> Oh, Shoot! ... Dice Game</div>	<div>16</div> <div>10:00 <div>RR</div> Table Talk Tidbits 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Tour the Town🚗 3:30 <div>RR</div> Quarter Bingo 4:30 <div>L</div> Individual Mystery Puzzle</div>	<div>17</div> <div>We Wear Pink Friday 9:30 <div>RR</div> Bible Study 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Shop Albertsons 1:30 <div>RR</div> Word Game 2:30 <div>RR</div> Blackjack "21" 3:30 <div>RR</div> Happy Hour 5:00 <div>IL</div> Meet & Greet the Artists</div>	<div>18</div> <div>BSU Game...TBD 9:00 <div>L</div> Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 <div>DR</div> Exercise Class 3:30 <div>RR</div> Quarter Bingo</div>
<div>19</div> <div>9:00 <div>L</div> Paper Puzzler 9:30 <div>RR</div> Worship Service ... Life Church 11:00 <div>IL</div> Catholic Service- IL 11:00 <div>L</div> Exercise Tape 1:30 <div>L</div> Color Art 2:30 <div>L</div> Movie & Popcorn 3:30 <div>L</div> Scrabble</div>	<div>20</div> <div>10:00 <div>RR</div> Do You Recall? 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Pictionary Game 2:30 <div>RR</div> What's Cooking? 4:00 <div>RR</div> L-C-R Dice Game</div>	<div>21</div> <div>10:00 <div>RR</div> Brainteaser 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Who, What, When 2:30 <div>RR</div> Book Club 3:30 <div>RR</div> Quarter Bingo</div>	<div>22</div> <div>9:30 <div>RR</div> Chapel 11:00 <div>DR</div> Exercise Class 1:00 <div>DR</div> Walking Club 1:30 <div>RR</div> Spill & Spell ... Dice Game 2:30 <div>RR</div> Pumpkin Decorating 4:00 <div>RR</div> Oh, Shoot! ... Dice Game 4:30 <div>RR</div> Ladies Wear Pink Night</div>	<div>23</div> <div>10:00 <div>RR</div> Table Talk Tidbits 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Leaf Peeping Tour the Town🚗 3:30 <div>RR</div> Quarter Bingo 4:30 <div>L</div> Individual Mystery Puzzle</div>	<div>24</div> <div>We Wear Pink Friday 9:30 <div>RR</div> Bible Study 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Shop Albertsons 1:30 <div>RR</div> Word Game 2:30 <div>RR</div> Blackjack "21" 3:00 <div>DR</div> Resident Birthday Party 8:00 <div>L</div> BSU vs Nevada</div>	<div>25</div> <div>9:00 <div>L</div> Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 <div>DR</div> Exercise Class 2:00 <div>RR</div> Kids Trick-r-Treat 3:30 <div>RR</div> Quarter Bingo</div>
<div>26</div> <div>9:00 <div>L</div> Paper Puzzler 9:30 <div>RR</div> Worship Service ... Life Church 11:00 <div>IL</div> Catholic Service- IL 11:00 <div>L</div> Exercise Tape 1:30 <div>L</div> Color Art 2:30 <div>L</div> Movie & Popcorn 3:30 <div>L</div> Scrabble</div>	<div>27</div> <div>10:00 <div>DR</div> Do You Recall? 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Pictionary Game 2:30 <div>RR</div> What's Cooking? 4:00 <div>RR</div> L-C-R Dice Game</div>	<div>28</div> <div>10:00 <div>RR</div> Brainteaser 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>RR</div> Food Committee Meeting 2:30 <div>RR</div> Book Club 3:30 <div>RR</div> Quarter Bingo</div>	<div>29</div> <div>9:30 <div>RR</div> Chapel 11:00 <div>DR</div> Exercise Class 1:00 <div>DR</div> Walking Club 1:30 <div>RR</div> Spill & Spell ... Dice Game 2:30 <div>RR</div> Beading Class...Charm Bracelets 4:00 <div>RR</div> Oh, Shoot! ... Dice Game</div>	<div>30</div> <div>10:00 <div>RR</div> Table Talk Tidbits 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Tour the Town🚗 3:30 <div>RR</div> Quarter Bingo 4:30 <div>L</div> Individual Mystery Puzzle</div>	<div>31</div> <div>Happy Halloween 9:30 <div>RR</div> Bible Study 11:00 <div>DR</div> Exercise Class 1:00 <div>RR</div> Walking Club 1:30 <div>O</div> Shop Albertsons 1:30 <div>RR</div> Word Game 2:30 <div>RR</div> Blackjack "21" 3:00 <div>DR</div> Monster Mash Bash</div>	

Happy Birthday

Best wishes to all our residents celebrating birthdays this month!



13th	Rosalee Wigle
16th	Henry Troy
26th	Susan Stremmer
27th	Darleen Gilbert



Wear Pink in October

October is dedicated to Breast Cancer Awareness Month, and we have a variety of pink-themed activities scheduled throughout the month. Check the calendar and special bulletins for all the details. Please do your part to support this vital cause.

Leaf-Peeping Outings

The trees are beginning to turn brilliant shades of red, orange and yellow, and we're going leaf-peeping to view their beauty. Check the calendar for dates and RSVP at the front desk if you want to join us.

"Trick-or-Treat"

We've asked the mini ghosts and goblins from our area to join us for a truly bewitching trick-or-treat. Now, we invite you, our residents, to join in the fun by donning your most ghoulish attire. We'll have plenty of treats available for you to hand-out to all the witches and wizards who may sweep through our community on Saturday, 25th at 2 pm outside the front portico.

'Pumpkin' Talk About

Have a "gourd" time with these pumpkin jokes!

Q: What do you call a pretty pumpkin?

A: Gourd-geous.

Q: What's a pumpkin's favorite sport?

A: Squash.

Q: What do pumpkins eat at the movies?

A: Pulp-corn.

Q: What did the pumpkin say to the pumpkin carver?

A: "Cut it out!"

Q: Why was the jack-o'-lantern afraid to cross the road?

A: Because it had no guts!

Q: How do you mend a broken jack-o'-lantern?

A: With a pumpkin patch.

Q: When is a pumpkin not a pumpkin?

A: When you drop it—then it's a squash.



A Pun-derful Season

Hay, there! Orange you glad it's autumn? Fall weather is unbe-leaf-able. It's really a-maizing. (If you don't like sappy puns, you better leaf right now!) At this time of year, pumpkins start piling up all around. They look so patch-ure perfect and are pie-ticularly tasty and filling. You'll also notice a latte drinks and foods flavored with pumpkin spice. Don't even chai to escape it. It really strikes a gourd with people. Whatever you love about the season, carve out some fun and give 'em pumpkin to talk about.



Time for Candy Corn

This time of year brings with it a harvest of candy corn, those sugary tricolored treats of yellow, orange and white. The Goelitz Confectionery Company in Cincinnati began making the candy kernels in 1898 and called it "chicken feed." It was such a bestseller, it kept the company going through two world wars and the Depression.

Pumpkin Points

Are you out of your gourd? No, we don't mean crazy. We're referring to having access to some *real* gourds. In October, your gourd of choice is probably a pumpkin (well, it's actually a squash). Some pumpkin facts:

- Pumpkins have been around for hundreds of years. Native American Indians used dried pumpkin strips to make mats.
- Pumpkins are a fruit. In fact, they are the state fruit of New Hampshire.
- Pumpkin seeds provide protein and zinc. They are believed to lower cholesterol and lessen the inflammation of arthritis.
- The self-proclaimed pumpkin capital of the world is Morton, Ill., where 85 percent of the world's canned pumpkin is produced.
- Antarctica is the only continent that can't grow pumpkins.