



1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
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*A Tradition of
Excellence in Boise*

Find us on 

Garden Plaza of Valley View

"Continuum of Care Campus"

Enjoy Independent Living, Assisted Living, Skilled Nursing and Rehabilitation at its best at Garden Plaza of Valley View, The Bridge at Valley View and Valley View Nursing and Rehabilitation. Our community encourages seniors to live their retirement years actively and independently. Retirement Living at Garden Plaza allows seniors to live carefree lifestyles—because we take care of the details! We are committed to creating a place you will love to call home!

Management Team

Eddie Johnson General Mgr
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Recreation
Melanie Eames Sales



Important Numbers

Front Desk 208-322-0311
Beauty Shop 208-327-1178
Business Office 208-327-1023
Dining Room 208-327-1054
Emergency 911
Physical Therapy 208-854-8502
Recreation 208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7



November Greetings

Hello, everyone, and welcome to November! Excitement is in the air as we begin preparing for the holidays. Our community will be hosting a bounty of festivities in the next couple of months, and we hope everyone can join us for the activities we have planned.

Happy Thanksgiving!

As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful residents. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!



Honoring Our Veterans

Thank you to all the heroic men and women who have bravely served our country. We will honor our community's veterans in a special ceremony on Veterans Day. Please see activity calendar for details.

Mitten Tree

Help someone in need this winter by adding to our mitten tree! Throughout the next few weeks, we invite residents, families and staff to hang mittens, gloves, hats, scarves and other winterwear on the tree's branches. The items will go to a local organization serving community members in need. We appreciate your generosity!



The Power of Purple

Recent figures from the Alzheimer's Association show that every 65 seconds, someone in the U.S. is diagnosed with the disease. During Alzheimer's Awareness Month in November, wear your purple on Friday to show your support. Join in the fight and get information by visiting ALZ.org.

Employee Appreciation Fund

If you wish to contribute to the employee appreciation fund, kindly visit the front desk to make your donation. For any questions, reach out to a department manager or Eddie Johnson. Thank you for your generous support!

BA

Bar Area

FA

Fitness Area

RR

Rec Room

\$

Cost

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>HELLO NOVEMBER</div>	 <div>Fall Back</div>	 <div>IT'S SWEATER WEATHER</div>			 <div>THANK YOU ★ FOR YOUR ★ SERVICE</div>	<div>BSU Game...TBD1</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00FAStretch Class</div> <div>1:00CLVV Pinochle\$</div> <div>1:30CLL-C-R Dice Game</div> <div>6:30RRLadies' Game Night</div>
<div>Daylight Saving Ends2</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00MPCatholic Service</div> <div>2:00MPMovie & Popcorn</div> <div>2:00RRQuiddler</div>	<div>3</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30RR Bible Study</div> <div>1:15MPCatholic Rosary</div> <div>1:30RR In the Mix- Baking</div> <div>2:30LBook Club</div> <div>3:30CL L-C-R Dice Game</div>	<div>Election Day4</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30FA Community Meeting</div> <div>1:00CL VV Pinochle\$</div> <div>1:30FA Balance Exercise Class</div> <div>2:00RR Travelogue</div> <div>3:15BA Quarter Bingo</div> <div>6:30RR Trivia Game Night</div>	<div>5</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:45MP Worship Service</div> <div>1:30MP Kings in the Corner</div> <div>1:30CL VV Bridge Group 1</div> <div>2:00L Creative Writing Chat</div> <div>2:00RR Turkey Word Game</div> <div>3:00MP Team Jeopardy</div> <div>6:30CL Bunco Night</div>	<div>6</div> <div>9:30 Banking</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>6:30BA Gospel Singers</div>	<div>7</div> <div>9:00 Walk the Park</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop ... Winco</div> <div>12:30L Bookmobile</div> <div>1:00CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00RR Craft Class</div> <div>3:15BA Quarter Bingo</div>	<div>8</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00FA Stretch Class</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL L-C-R Dice Game</div> <div>3:00BA Good Time Band- Salute to Veterans</div> <div>6:30RR Ladies' Game Night</div>
<div>9</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00MP Catholic Service</div> <div>2:00MP Movie & Popcorn</div> <div>2:00RR Quiddler</div>	<div>10</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30RR Bible Study</div> <div>1:15MPCatholic Rosary</div> <div>1:30RR In the Mix- Baking</div> <div>2:00MP Parkinson's Support Group</div> <div>2:30L Book Club</div> <div>3:30CL L-C-R Dice Game</div>	<div>Veterans Day11</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00L Veterans Day Tribute</div> <div>1:00CL VV Pinochle\$</div> <div>1:30FA Balance Exercise Class</div> <div>2:00MPLifelong Learning</div> <div>3:15BA Quarter Bingo</div> <div>6:30RR Trivia Game Night</div>	<div>12</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:45MP Worship Service</div> <div>1:30MP Kings in the Corner</div> <div>1:30CL VV Bridge Group 1</div> <div>2:00L Creative Writing Chat</div> <div>3:00MP Painting Class</div> <div>5:00L Art Show & Sale... Meet the Artist</div> <div>6:30CL Bunco Night</div>	<div>13</div> <div>9:30 Banking</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30BA Happy Hour</div>	<div>14</div> <div>9:00 Walk the Park</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop ... Walmart</div> <div>11:30 Lunch Out! Red Robin</div> <div>1:00CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>3:15BA Quarter Bingo</div>	<div>BSU Game Day15</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00FA Stretch Class</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL L-C-R Dice Game</div> <div>6:30RR Ladies' Game Night</div> <div>8:30FA BSU @ San Diego State</div>
<div>16</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00MP Catholic Service</div> <div>2:00MP Movie & Popcorn</div> <div>2:00RR Quiddler</div>	<div>17</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30RR Bible Study</div> <div>1:15MPCatholic Rosary</div> <div>1:30RR In the Mix- Baking</div> <div>2:00MPCatholic Mass</div> <div>2:30RR Sorting Jewelry -Youth Ranch</div> <div>3:30CL L-C-R Dice Game</div>	<div>18</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30MP Veterans' Coffee Social</div> <div>1:00CL VV Pinochle\$</div> <div>1:30FA Balance Exercise Class</div> <div>2:00RR Activity Planning Meeting</div> <div>3:15BA Quarter Bingo</div> <div>6:30RR Trivia Game Night</div>	<div>19</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:45MP Worship Service</div> <div>1:30MP Kings in the Corner</div> <div>1:30CL VV Bridge Group 1</div> <div>2:00L Creative Writing Chat</div> <div>3:00MP Pumpkin Ice Cream Social</div> <div>6:30CL Bunco Night</div>	<div>20</div> <div>9:30 Banking</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30BA Meet & Greet New Residents</div>	<div>21</div> <div>9:00 Walk the Park</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop ... Dollar Store</div> <div>11:00MP BVA Meeting</div> <div>1:00CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00RR Family Feud</div> <div>3:15BA Quarter Bingo</div>	<div>BSU Game...TBD22</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00FA Stretch Class</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL L-C-R Dice Game</div> <div>6:30RR Ladies' Game Night</div>
<div>23</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00MP Catholic Service</div> <div>2:00MP Movie & Popcorn</div> <div>2:00RR Quiddler</div>	<div>24</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30RR Bible Study</div> <div>1:15MPCatholic Rosary</div> <div>1:30RR In the Mix- Baking</div> <div>2:00RR Beading Class</div> <div>3:30CL L-C-R Dice Game</div>	<div>25</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>11:00RR Food Committee Meeting</div> <div>1:00CL VV Pinochle\$</div> <div>1:30FA Balance Exercise Class</div> <div>2:00MP Do You Recall?</div> <div>3:15BA Quarter Bingo</div> <div>6:30RR Trivia Game Night</div>	<div>26</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:45MP Worship Service</div> <div>1:00 Festival of Trees, Please sign up!</div> <div>1:30MP Kings in the Corner</div> <div>1:30CL VV Bridge Group 1</div> <div>2:00L Creative Writing Chat</div> <div>3:00MP Team Jeopardy</div> <div>6:30CL Bunco Night</div>	<div>27</div> <div>Wishing you a wonderful THANKSGIVING DAY</div>	<div>28</div> <div>BSU Game Day</div> <div>9:00 Walk the Park</div> <div>10:00FA Pledge of Allegiance</div> <div>10:00FA Stretch Class</div> <div>10:30 Shop ... Thrift Store</div> <div>1:00CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00FA BSU @ Utah State</div> <div>3:00BA Resident Birthday Bash</div>	<div>29</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00FA Stretch Class</div> <div>1:00CL VV Pinochle\$</div> <div>1:30CL L-C-R Dice Game</div> <div>6:30RR Ladies' Game Night</div>
<div>30</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00MP Catholic Service</div> <div>2:00MP Movie & Popcorn</div> <div>2:00RR Quiddler</div>						

Happy Birthday

Our staff wishes a very happy birthday to residents celebrating a birthday in November!

1st	Carolyn Warner
19th	Barbara Pickering
20th	Joe Caskin
22nd	Joe Leeper
30th	Bill Lewis

Welcome New Residents

During this season of thanksgiving, we're grateful to welcome our newest residents to our community.

Joe Barnes
Rose Lete
Evelyn Marzinelli
Sandy Perotto

What's Cooking

Thanksgiving Dinner

To express our gratitude, we are excited to host a Thanksgiving feast featuring turkey and all the traditional trimmings, lovingly prepared by our talented chef. Join us during the lunch hour on Thanksgiving Day for this delightful gathering. More details will be shared soon, so come ready to enjoy a delicious meal!

Community News

Friendly Reminder

Remember that Daylight Saving Time ends on the first Sunday of November. Don't forget to move your clocks back one hour and enjoy the extra sleep!

Wall of Honor

Our community's Wall of Honor proudly celebrates all veterans, featuring each individual's name, photo, and branch of service. If you are a veteran and wish to have your name included on the wall, please visit Sherrie Hix, Recreation Director.



Pet of the Month

Hi, I'm Molly! I've been living with my wonderful new parents, Gene and Barb Olson, for nearly four years after being rescued from a frightening environment filled with barking dogs and cats. Life has improved significantly: I enjoy nutritious meals and receive plenty of treats for being a "good girl." I love going for walks with my Papa in the courtyard and chasing squirrels. While I can be shy around new people and dogs due to my past experiences, I absolutely adore my new family and happily bark to welcome visitors.

Laugh Lines: Turkey Teasing

It was early November when the turkey turned to the other barnyard animals and worriedly said, "I have a bad feeling something's up." When they asked why, the turkey answered, "The farmer just unfriended me on Facebook."

A woman was searching through the frozen turkeys at a grocery store. She couldn't find one large enough for her dinner, so she asked a clerk, "Do these turkeys get any bigger?" The clerk replied, "No, ma'am. They're all dead."

On Thanksgiving, the four basic food groups are: more, a little more, a lot more and too much.

Q: How many chefs does it take to stuff a turkey?

A: One, and it's a very tight squeeze.

Q: What side of a turkey has the most feathers?

A: The outside.

Q: What's a turkey's favorite dessert?

A: Cherry gobbler.

Q: What happened when the turkey got into a fight?

A: It got the stuffing knocked out of it.

Q: Why did the police arrest the turkey?

A: They suspected fowl play.

Q: What do you call a turkey on the day after Thanksgiving?

A: Lucky.

