



1130 N Allumbaugh Street  
Boise, ID 83704  
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*A Tradition of  
Excellence in Boise*

Find us on 

### The Bridge at Valley View

"Tradition of Excellence in Boise"  
Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

### Management Team

Eddie Johnson ..... General Manager  
Virginia Thornley ..... AL Manager  
Jaimie Cox ..... Business Office  
Jennifer Kavulich ..... Dining Svs  
Frank Dowd ..... Maintenance  
Sherrie Hix ..... Activities  
Jake Garrison ..... Sales Director

### Important Numbers

AL Receptionist ..... 208-327-1044  
Front Desk ..... Dial (0)  
AL Manager ..... 208-327-1046  
Beauty Shop ..... 208-861-4222  
Business Office ..... 208-327-1023  
Dining Room ..... 208-327-1054  
General Manager ..... 208-327-1021  
Recreation ..... 208-327-1025  
Physical Therapy ..... 208-501-7195

### Hello, Summer!

Welcome to the days of sunshine! Enjoy these warmer days and take advantage of our many summertime celebrations. I'll be seeing you around our community, and please stop by my office anytime!

### Fun and Games!

Join us every week for an afternoon of patio games! Enjoy a delightful time filled with fun, laughter and friendly competition! Whether you're a seasoned player or just looking to try something new, there's something for everyone. From classic favorites like cornhole and yard darts to exciting new challenges, you'll find the perfect game to enjoy. Bring your enthusiasm and a spirit of camaraderie, and let the good times roll! Refreshments will be available. We can't wait to see you there!



### Happy Father's Day, Dads!

Every June, families everywhere set aside the 3rd Sunday to honor fathers. A father is more than just a family patriarch; he is a source of wisdom and strength for everyone in his home. At our community, we'll be hosting a Barbeque Luncheon Celebration to say thank you to all our center's dads who've raised generations. We will have a feast fit for a king! We welcome a family member to accompany you to this special event on Wednesday, June 17th, at noon. Please RSVP at the front desk! Don't miss the fun and fellowship at this Father's Day feast.






### Associate Spotlight: Nursing Assistants

We honor and appreciate all our nursing assistants who provide comfort & care to our residents!



### We All Scream For Ice Cream!

It's summertime, and it's HOT! To help everyone keep cool this month, we're hosting an ice cream social in the recreation room every Friday of the month. We'll have your favorite flavors and lots of toppings, so join us for a real cool time.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>10:00 <span style="color: blue;">■</span> RR Do You Recall?</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Would You Rather</p> <p>2:30 <span style="color: blue;">■</span> RR What's Cooking?</p> <p><b>3:45 <span style="color: lightblue;">■</span> IL Catholic Rosary-IL</b></p> <p>4:00 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>6:30 <span style="color: blue;">■</span> RR Bible Study</p>	<p>10:00 <span style="color: blue;">■</span> RR Brain Teaser</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: blue;">■</span> RR Travelogue</p> <p>2:30 <span style="color: blue;">■</span> RR Horse Race</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p>9:30 <span style="color: blue;">■</span> RR Chapel</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: purple;">■</span> DR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Spill &amp; Spell ... Dice Game</p> <p>2:30 <span style="color: blue;">■</span> RR Craft Class</p> <p>4:00 <span style="color: blue;">■</span> RR Oh, Shoot! ... Dice Game</p>	<p><b>9:00 <span style="color: lightgreen;">○</span> Banking</b></p> <p>10:00 <span style="color: blue;">■</span> RR Table Talk Tidbits</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: lightgreen;">○</span> Tour the Town </p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p> <p><b>6:30 <span style="color: lightblue;">■</span> IL Gospel Singers- IL</b></p>	<p>9:30 <span style="color: blue;">■</span> RR Bible Study</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Patio Garden Club</p> <p>1:30 <span style="color: blue;">■</span> RR Blackjack "21"</p> <p><b>1:30 <span style="color: lightgreen;">○</span> Shop Albertsons</b></p> <p><b>2:30 <span style="color: blue;">■</span> RR Ice Cream Social</b></p> <p><b>3:30 <span style="color: blue;">■</span> RR Happy Hour</b></p>	<p><b>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:30 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p>	
7	8	9	10	11	12	13
<p>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler</p> <p>11:00 <span style="color: lightblue;">■</span> IL Catholic Service- IL</p> <p>11:00 <span style="color: blue;">■</span> RR Exercise Tape</p> <p>1:30 <span style="color: darkblue;">■</span> L Color Art</p> <p><b>2:30 <span style="color: darkblue;">■</span> L Movie &amp; Popcorn</b></p> <p>3:30 <span style="color: blue;">■</span> RR Scrabble</p>	<p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Would You Rather</p> <p><b>2:00 <span style="color: purple;">■</span> DR Guitar Music with Bruce</b></p> <p><b>3:45 <span style="color: lightblue;">■</span> IL Catholic Rosary-IL</b></p> <p>4:00 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>6:30 <span style="color: blue;">■</span> RR Bible Study</p>	<p>10:00 <span style="color: blue;">■</span> RR Brain Teaser</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p><b>12:45 <span style="color: lightblue;">■</span> IL Bookmobile- IL</b></p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p><b>1:30 <span style="color: blue;">■</span> RR Activity Planning Meeting</b></p> <p>2:30 <span style="color: blue;">■</span> RR Horse Race</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p>9:30 <span style="color: blue;">■</span> RR Chapel</p> <p><b>10:00 <span style="color: lightgreen;">○</span> Tour the Basque Center-Lunch</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: purple;">■</span> DR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Spill &amp; Spell ... Dice Game</p> <p><b>3:00 <span style="color: purple;">■</span> DR Community Meeting</b></p> <p>4:00 <span style="color: blue;">■</span> RR Oh, Shoot! ... Dice Game</p> <p><b>5:00 <span style="color: lightblue;">■</span> IL Art Show &amp; Sale ... Meet the Artist</b></p>	<p><b>9:00 <span style="color: lightgreen;">○</span> Banking</b></p> <p>10:00 <span style="color: blue;">■</span> RR Table Talk Tidbits</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: lightgreen;">○</span> Tour the Town </p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p>9:30 <span style="color: blue;">■</span> RR Bible Study</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Patio Garden Club</p> <p>1:30 <span style="color: blue;">■</span> RR Blackjack "21"</p> <p><b>1:30 <span style="color: lightgreen;">○</span> Shop Albertsons</b></p> <p><b>2:30 <span style="color: blue;">■</span> RR Ice Cream Social</b></p> <p>3:30 <span style="color: blue;">■</span> RR Trivia Challenge</p>	<p><b>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:30 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p>
14	15	16	17	18	19	20
<p><b>Flag Day</b></p> <p>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler</p> <p>11:00 <span style="color: lightblue;">■</span> IL Catholic Service- IL</p> <p>11:00 <span style="color: blue;">■</span> RR Exercise Tape</p> <p>1:30 <span style="color: darkblue;">■</span> L Color Art</p> <p><b>2:30 <span style="color: darkblue;">■</span> L Movie &amp; Popcorn</b></p> <p>3:30 <span style="color: blue;">■</span> RR Scrabble</p>	<p>10:00 <span style="color: blue;">■</span> RR Do You Recall?</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Would You Rather</p> <p><b>2:00 <span style="color: lightblue;">■</span> IL Catholic Mass-IL</b></p> <p><b>3:45 <span style="color: lightblue;">■</span> IL Catholic Rosary-IL</b></p> <p>4:00 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>6:30 <span style="color: blue;">■</span> RR Bible Study</p>	<p>10:00 <span style="color: blue;">■</span> RR Brain Teaser</p> <p><b>10:30 <span style="color: lightblue;">■</span> IL Veterans' Coffee Social</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: blue;">■</span> RR Who, What, When</p> <p>2:30 <span style="color: blue;">■</span> RR Horse Race</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p>9:30 <span style="color: blue;">■</span> RR Chapel</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p><b>12:00 <span style="color: teal;">■</span> P Father's Day BBQ Lunch</b></p> <p>1:00 <span style="color: purple;">■</span> DR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Spill &amp; Spell ... Dice Game</p> <p><b>3:00 <span style="color: purple;">■</span> DR Art 4 All ... painting class with Artist Mary Jussel</b></p> <p>4:00 <span style="color: blue;">■</span> RR Oh, Shoot! ... Dice Game</p>	<p><b>9:00 <span style="color: lightgreen;">○</span> Banking</b></p> <p>10:00 <span style="color: blue;">■</span> RR Table Talk Tidbits</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: lightgreen;">○</span> Tour the Town </p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p><b>Juneteenth</b></p> <p>9:30 <span style="color: blue;">■</span> RR Bible Study</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Patio Garden Club</p> <p>1:30 <span style="color: blue;">■</span> RR Blackjack "21"</p> <p><b>1:30 <span style="color: lightgreen;">○</span> Shop Albertsons</b></p> <p><b>2:30 <span style="color: blue;">■</span> RR Ice Cream Social</b></p> <p><b>3:00 <span style="color: purple;">■</span> DR Guitar music with Dan</b></p>	<p><b>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:30 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p>
21	22	23	24	25	26	27
<p><b>Happy Father's Day</b></p> <p>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler</p> <p><b>9:30 <span style="color: blue;">■</span> RR Worship Service ... Life Church</b></p> <p>11:00 <span style="color: lightblue;">■</span> IL Catholic Service- IL</p> <p>11:00 <span style="color: blue;">■</span> RR Exercise Tape</p> <p>1:30 <span style="color: darkblue;">■</span> L Color Art</p> <p><b>2:30 <span style="color: darkblue;">■</span> L Movie &amp; Popcorn</b></p> <p>3:30 <span style="color: blue;">■</span> RR Scrabble</p>	<p>10:00 <span style="color: purple;">■</span> DR Do You Recall?</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Would You Rather</p> <p>2:30 <span style="color: blue;">■</span> RR What's Cooking?</p> <p><b>3:45 <span style="color: lightblue;">■</span> IL Catholic Rosary-IL</b></p> <p>4:00 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>6:30 <span style="color: blue;">■</span> RR Bible Study</p>	<p>10:00 <span style="color: blue;">■</span> RR Brain Teaser</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: blue;">■</span> RR Lifelong Learning</p> <p>2:30 <span style="color: blue;">■</span> RR Horse Race</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p>9:30 <span style="color: blue;">■</span> RR Chapel</p> <p><b>10:00 <span style="color: lightgreen;">○</span> Picnic Lunch at the Zoo</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: purple;">■</span> DR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Spill &amp; Spell ... Dice Game</p> <p>4:00 <span style="color: blue;">■</span> RR Oh, Shoot! ... Dice Game</p> <p><b>6:00 <span style="color: blue;">■</span> RR Mega Bingo</b></p>	<p><b>9:00 <span style="color: lightgreen;">○</span> Banking</b></p> <p>10:00 <span style="color: blue;">■</span> RR Table Talk Tidbits</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p>1:30 <span style="color: lightgreen;">○</span> Tour the Town </p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>	<p>9:30 <span style="color: blue;">■</span> RR Bible Study</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Patio Garden Club</p> <p>1:30 <span style="color: blue;">■</span> RR Blackjack "21"</p> <p><b>1:30 <span style="color: lightgreen;">○</span> Shop Albertsons</b></p> <p><b>3:00 <span style="color: purple;">■</span> DR Resident Birthday Bash ♥</b></p>	<p><b>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1</b></p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:30 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p>
28	29	30				
<p>9:00 <span style="color: darkblue;">■</span> L Paper Puzzler</p> <p><b>9:30 <span style="color: blue;">■</span> RR Worship Service ... Life Church</b></p> <p>11:00 <span style="color: lightblue;">■</span> IL Catholic Service- IL</p> <p>11:00 <span style="color: blue;">■</span> RR Exercise Tape</p> <p>1:30 <span style="color: darkblue;">■</span> L Color Art</p> <p><b>2:30 <span style="color: darkblue;">■</span> L Movie &amp; Popcorn</b></p> <p>3:30 <span style="color: blue;">■</span> RR Scrabble</p>	<p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Walking Club</p> <p>1:30 <span style="color: blue;">■</span> RR Would You Rather</p> <p>2:30 <span style="color: blue;">■</span> RR What's Cooking?</p> <p><b>3:45 <span style="color: lightblue;">■</span> IL Catholic Rosary-IL</b></p> <p>4:00 <span style="color: blue;">■</span> RR L-C-R Dice Game</p> <p>6:30 <span style="color: blue;">■</span> RR Bible Study</p>	<p>10:00 <span style="color: blue;">■</span> RR Brain Teaser</p> <p>11:00 <span style="color: purple;">■</span> DR Exercise Class</p> <p>1:00 <span style="color: blue;">■</span> RR Chat Club</p> <p><b>1:30 <span style="color: blue;">■</span> RR Food Committee Meeting</b></p> <p>2:30 <span style="color: blue;">■</span> RR Horse Race</p> <p>3:30 <span style="color: blue;">■</span> RR Quarter Bingo</p> <p>5:30 <span style="color: blue;">■</span> RR Pinochle Club</p>				

# Welcome New Residents

Jim Addington  
Ron & Marilyn Jennings

We offer a sincere welcome to all of our new residents. We're sure you'll find this is the nicest, friendliest, most fun community in the area. If there's anything we can do to make your home more comfortable, we're just a phone call away!



## Resident Meeting Reminder

Our resident meetings are a terrific opportunity to share input, have your questions answered, and stay in the loop with what's happening in our community. Make plans to attend this month's meeting. Check the calendar for date and time.



## Help Us Plan Activities

Would you like to help us organize activities and events for our community? Join the activity planning committee! This group meets regularly to brainstorm ideas for entertainment, crafts, games, outings and more. We'd love to have your input!

# Life Enrichment Corner

## Reading Challenge: Listen to Literature

June is Audiobook Appreciation Month, so make a point to enjoy your next read with your ears, not your eyes! More than half of audiobook users say that listening to books helps them finish more titles. So if you're struggling to complete a reading goal, audiobooks may be the answer.



## Honoring Old Glory

In 1916, President Woodrow Wilson officially established June 14 as Flag Day. It honors the day in 1777 when the first version of the flag, featuring 13 stars and 13 stripes, was adopted as the nation's official flag.

## Happy Juneteenth

Commemorating the end of slavery in the U.S., Juneteenth takes place on June 19 every year. On that date in 1865, U.S. troops arrived in Galveston, Texas, the western-most state at the time, to announce the end of the Civil War. The following year, formerly enslaved people celebrated the anniversary as Jubilee Day, and the festive tradition spread through the remaining states, eventually becoming a federal holiday.

# Resident of the Month



This month, we proudly recognize **Mark** as our Resident of the Month! Mark was born in Philadelphia on December 21, 1936. He proudly served in the U.S. Army for 4 years as a rocket specialist and was stationed in Italy. A few years ago, Mark and his wife, Irene, moved to Idaho to be closer to family. Since joining our community, Mark has enjoyed getting to know everyone and appreciates the kindness and friendliness of those around him. In his free time, Mark enjoys gardening and fondly remembers volunteering at the humane society where he loved helping animals and giving back to the community. We are so happy to have Mark as part of our community and are grateful for the warmth, stories and friendliness he brings to those around him!