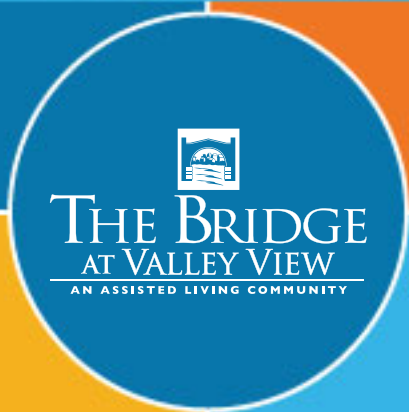




1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

*A Tradition of
Excellence in Boise*

Find us on 

The Bridge at Valley View

"Tradition of Excellence in Boise"

Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

Management Team

Eddie Johnson General Manager
Virginia Thornley AL Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Activities
Jake Garrison Sales Director

A National Celebration

Independence Day is a remarkable holiday that genuinely brings our nation together. People set aside their differences to reflect on the many reasons we take pride in our homeland. "From sea to shining sea," our abundant natural resources uplift and inspire us. Our diverse communities form the backbone of our collective strength, and our freedoms and ideals shine as a beacon of hope for individuals around the globe. This Independence Day, we encourage you to embrace the profound meaning of this momentous occasion. We have planned a week full of festivities and hope you'll join us to celebrate our great nation.



Exciting Summer Ahead!

Summer brings joy to our community, and this year is no exception! We're organizing enjoyable activities to make the most of the warm weather, so keep an eye out for updates in the community activity bulletin. Looking forward to seeing you soon! ~ Sherrie

DUN DUN...Sharknado

Join us for a "shark-tastic" week filled with fun and games! Sink your teeth into "jaw-dropping" knowledge as we explore the captivating world of sharks! From fascinating trivia to thrilling activities, there's something for everyone to enjoy. Uncover the secrets of these magnificent creatures and their vital role in the ocean's ecosystem. Whether you're a shark enthusiast or just curious, you'll find plenty to keep you entertained. Check Your Calendar for details.

Important Numbers

AL Receptionist 208-327-1044
Front Desk Dial (0)
AL Manager 208-327-1046
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
General Manager 208-327-1021
Recreation 208-327-1025
Physical Therapy 208-501-7195

Happy Birthday Idaho

Join us in celebrating our amazing state of Idaho! Throughout the month of July, we will be hosting a range of sightseeing activities, fun games, and entertaining events, all focused on the beauty of Idaho. Come and join us for the festivities!

Stay Cool This Summer!

It's the height of summer, and the heat is on! To help everyone beat the heat this month, we're organizing an ice cream social every Friday in July. We'll feature your favorite flavors along with a variety of toppings, so come join us for a truly refreshing experience!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	 6 10:00 RR American History Facts 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Chat Club 2:30 RR What's Cooking? 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:30 RR Bible Study	 7 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:00 P Patio Games 1:30 RR Lifelong Learning 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	1 9:30 RR Chapel 10:00 O Idaho Historical Museum... Lunch at Cottonwood 11:00 DR Exercise Class 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Red-White-Blue T-Shirt Tie Dye 4:00 RR Oh, Shoot! ... Dice Game	2 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour Historic Boise🚗 2:30 IL Four Score and Seven Pies Ago with Abe Lincoln 3:30 RR Quarter Bingo 5:30 RR Pinochle Club 6:30 IL Gospel Singers- IL	3 Happy Birthday Idaho 9:30 RR Bible Study 11:00 DR Exercise Class 11:30 DR All American Traditional BBQ 1:00 RR Patio Club 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 IL Here We Have Idaho Concert 4:00 RR Fun Facts about Idaho	4 Independence Day 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 12:00 DR Stars & Stripes BBQ in the Dining Room 1:30 RR L-C-R Dice Game 3:00 IL America the Beautiful...Patriotic Music Program 6:00 O Take Me Out To the Ball Game
12 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	13 10:00 RR American History Facts 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Chat Club 2:00 RR Guitar with Bruce 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:30 RR Bible Study	14 10:00 RR Brain Teaser 11:00 DR Exercise Class 12:45 IL Bookmobile- IL 1:00 P Patio Games 1:30 RR Activity Planning Meeting 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	15 Hot Diggity Dog Day 9:30 RR Chapel 11:00 DR Exercise Class 12:00 DR Hot Diggity Dog Lunch 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 3:00 DR Art 4 All... Painting Class 4:00 RR Oh, Shoot! ... Dice Game	16 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town🚗 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	17 9:30 RR Bible Study 11:00 DR Exercise Class 1:00 RR Patio Club 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Ice Cream Social 3:30 RR Travelogue	18 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo
19 9:00 L Paper Puzzler 9:30 RR Worship Service ... Life Church 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	20 10:00 RR American History Facts 11:00 DR Exercise Class 1:00 RR Walking Club 1:30 RR Chat Club 2:30 RR What's Cooking? 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:30 RR Bible Study	21 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:00 P Patio Games 1:30 RR Who, What, When 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	22 9:30 RR Chapel 11:00 DR Exercise Class 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Craft Class 4:00 RR Oh, Shoot! ... Dice Game	23 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town🚗 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	24 9:30 RR Bible Study 11:00 DR Exercise Class 1:00 RR Patio Club 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Dominoes 3:00 DR Resident Birthday Bash	25 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo
26 9:00 L Paper Puzzler 9:30 RR Worship Service ... Life Church 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	27 Shark Week 10:00 RR American History Facts 10:00 DR Do You Recall? 11:00 DR Exercise Class 1:00 RR Walking Club 2:30 RR Hungry Shark Game 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:30 RR Bible Study	28 Shark Week 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:00 P Patio Games 1:30 RR Food Committee 2:30 RR Horse Race 3:30 RR Sir Bites A Lot Bingo 5:30 RR Pinochle Club	29 Shark Week 9:30 RR Chapel 11:00 DR Exercise Class 12:00 DR Captain Fins Lunch 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Sharknado Challenge 4:00 RR Oh, Shoot! ... Dice Game	30 Shark Week 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town🚗 3:30 RR Mega Jaws Bingo 5:30 RR Pinochle Club	31 Shark Week 9:30 RR Bible Study 11:00 DR Exercise Class 1:00 RR Finding Nemo Scavenger Hunt 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Ice Cream Social 3:30 RR Shark Bite Mocktails Social	



17th Ardith Tate
 17th James Tyner
 19th Ron Jennings
 23rd Gerry Soule
 26th Dona Alsover

Extra Frosting, Please!

Don't think of it as getting older; think of it as getting free cake. Happy birthday to all our residents celebrating this month.



Important Notice:

Our cherished **Wishful Cookies Bakery** will be closed for the entire month of July as we take a well-deserved vacation. We eagerly anticipate returning in August, ready to share delightful new confections and adventures of our travel.

Attention, Party Animals

Many thanks to all our residents who help out with our community activities, providing support, enthusiasm and an abundance of ideas. If you enjoy planning social events and would like to become involved, please attend our next planning meeting. We will be glad to include your ideas.



America The Beautiful!

Join us for a Patriotic Sing-Along on July 4th! Music has a unique ability to bring people together, and patriotic songs can amplify that connection. Whether it's the cheerful melody of "Yankee Doodle" or the heartfelt rendition of "America the Beautiful," singing these timeless classics allows us to express a shared tradition and strengthen our bonds.

Game On!

Join us every week for an afternoon of patio games! Enjoy a delightful time filled with fun, laughter, and friendly competition! Whether you're a seasoned player or just looking to try something new, there's something for everyone. From classic favorites like cornhole and bocce ball to exciting new challenges, you'll find the perfect game to enjoy with friends. Bring your enthusiasm and a spirit of camaraderie, and let the good times roll! Refreshments will be available, so come thirsty and ready to have a blast. We can't wait to see you there!



Laugh Lines: Hot Diggity Dog

The third Wednesday of July marks National Hot Dog Day, and we will be hosting a hot dog lunch buffet complete with all the fixings. Until then relish these riddles about one of America's favorite foods.

Q: How was the Fourth of July cookout?

A: The hot dogs were good, but the brats were the wurst.

Q: Did you see the new movie about the hot dog?

A: It's an Oscar wiener.

Q: Why did the hot dog turn down a chance to star in a summer blockbuster?

A: The "roll" wasn't good enough.

Q: How does a hot dog travel?

A: In a wiener-bago.

Q: What did the vendor do after running out of hot dogs?

A: He made a concession speech.

Q: What's the first rule of a hot dog race?

A: Wiener takes all.

Q: Did you hear about the lost sausage?

A: There's a missing link in the case.

Q: What did the mother hot dog say to the ornery baby hot dog?

A: "Ketchup! And don't be a brat."

Q: Where did the hot dog escape a close shave?

A: At the barber-cue.