



Garden Plaza of Valley View

"Tradition of Excellence in Boise" Explore Independent Living at Garden Plaza of Valley View. Our community fosters an active and independent lifestyle for seniors. At Garden Plaza, we are committed to cultivating a warm and inviting atmosphere that you will be proud to call home. Whether you're interested in engaging activities, enjoying delicious meals crafted by our chefs, or simply unwinding in a tranquil environment, our community offers something unique for everyone. Join us and immerse yourself in a vibrant community where friendships thrive and each day presents new opportunities. Discover why we are celebrated for our tradition of excellence in Boise!

Management Team

Eddie Johnson	General Mgr
Jaimie Cox	Business Office
Jennifer Kavulich	Dining Svcs
Frank Dowd	Maintenance
Sherrie Hix	Recreation
Jake Garrison	Sales Director

Important Numbers

Front Desk	208-322-0311
Beauty Shop	208-861-4222
Business Office	208-327-1023
Dining Room	208-327-1054
Physical Therapy	208-501-7195
Recreation	208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7



February Greetings

Hello, and welcome to February! Plenty of fun activities are planned this month, and I hope you will join us. Remember: my door is always open, so please let me know if you have any questions or ideas to share!

Happy Valentine's Day

Valentine's Day is coming, and it reminds us of the people we love the most: you, our residents! And we're not thinking about just hearts and flowers, either. We are committed to making your home here the best ever. Let us know if there's anything else we can do to make it that way!

1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

A Tradition of Excellence in Boise

Find us on

We Have a New Team Member!

We are excited to introduce a new addition to our team, someone who embodies our commitment to exceptional service and excellence. Join us in welcoming **Jake Garrison**, our new Sales Director! We look forward to incorporating his knowledge and enthusiasm into our group. Give him a warm welcome to our community!



Groundhog Day

Will Punxsutawney Phil see his shadow on Feb. 2? Will we have six more weeks of winter, or is spring right around the corner? We'll have some groundhog themed activities as we eagerly await Phil's prediction: check your calendar for all the details!

Super Bowl Party

We are thrilled to invite you to our Super Bowl Party in the bar area to celebrate our beloved sport! The festivities will kick off at 4:30 pm on Sunday, February 8th. Enjoy a variety of delicious food and beverages as we cheer on our teams. We can't wait to see you there!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
1 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	2 1 Groundhog Day 8:30 BA Punxsutawney Donut Breakfast 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:30 RR Activity Planning Meeting 3:30 CL L-C-R Dice Game 3:45 MP Catholic Rosary	3 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 FA Community Meeting 1:00 CL VV Pinochle \$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 BA Quarter Bingo 6:30 RR Trivia Night	4 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 RR Word Game 3:00 RR Art 4 All... painting class with Artist Mary Jussel 6:30 CL Bunco Night	5 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 1:00 CL VV Pinochle \$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:00 RR Valentines Craft 6:30 BA Gospel Singers	6 9:00 Shop ... Dollar Store 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Winco 1:00 CL Shuffleboard Competition 1:30 Shop ... Albertsons 2:00 CL "31" Bring 3 Quarters 3:15 BA Quarter Bingo	7 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle \$ 1:30 CL L-C-R Dice Game 6:30 RR Ladies' Game Night							
8 Super Bowl Sunday 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler 4:30 FA Super Bowl Party	9 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:00 MP Parkinson's Support Group 3:30 CL L-C-R Dice Game 3:45 MP Catholic Rosary	10 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 12:30 L Bookmobile 1:00 CL VV Pinochle \$ 1:30 FA Balance Exercise Class 2:00 MP Travelogue 3:15 BA Quarter Bingo 6:30 RR Trivia Night	11 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 RR Word Game 3:00 RR Team Jeopardy 5:00 L Art Show & Sale... Meet the Artist 6:30 CL Bunco Night	12 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 1:00 CL VV Pinochle \$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Happy Hour	13 9:00 Shop...Walgreens 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Ross 11:30 Lunch Out! Longhorn Steakhouse 1:00 CL Shuffleboard Competition 1:30 Shop ... Albertsons 2:00 CL "31" Bring 3 Quarters 3:15 BA Quarter Bingo	14 Valentine's Day 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle \$ 1:30 CL L-C-R Dice Game 3:00 BA Friendship Social 6:30 RR Ladies' Game Night							
15 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	16 1 Presidents Day 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 2:00 MP Veterans Coffee Social 2:00 MP Catholic Mass 2:30 RR Sorting Jewelry -Youth Ranch 3:30 CL L-C-R Dice Game 3:45 MP Catholic Rosary	17 1 Fat Tuesday 8:30 BA Mardi Gras Pancake Breakfast 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 L Book Club 10:30 MP Veterans Coffee Social 1:00 CL VV Pinochle \$ 1:30 FA Balance Exercise Class 2:00 MP Lifelong Learning 3:15 BA Quarter Bingo 6:30 RR Trivia Night	18 1 Ash Wednesday 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 RR Word Game 3:00 RR Team Jeopardy 6:30 CL Bunco Night	19 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 1:00 CL VV Pinochle \$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA New Resident Meet & Greet	20 9:00 Shop ... Target 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Walmart 11:00 MP BVA Meeting 1:00 CL Shuffleboard Competition 1:30 Shop ... Albertsons 2:00 CL "31" Bring 3 Quarters 3:15 BA Quarter Bingo	21 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle \$ 1:30 CL L-C-R Dice Game 6:30 RR Ladies' Game Night							
22 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 RR Quiddler	23 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 RR Bible Study 1:30 RR Baking Cookies 3:30 CL L-C-R Dice Game 3:45 MP Catholic Rosary	24 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 11:00 RR Food Committee Meeting 1:00 CL VV Pinochle \$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 BA Quarter Bingo 6:30 RR Trivia Night	25 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 L Creative Writing Chat 2:00 RR Word Game 3:00 RR Team Jeopardy 6:30 CL Bunco Night	26 9:00 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 1:00 CL VV Pinochle \$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 BA Happy Hour	27 9:00 Shop...Grocery Outlet 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Thrift Store 1:00 CL Shuffleboard Competition 1:30 Shop ... Albertsons 2:00 CL "31" Bring 3 Quarters 3:00 BA Resident Birthday Bash	28 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle \$ 1:30 CL L-C-R Dice Game 6:30 RR Ladies' Game Night							
													



1st	Evelyn Marzinelli
6th	John Leininger
7th	Leila Inlow
7th	Beatrice Gzowski
9th	Karen Prockish
10th	Kathryn Hart
11th	Sandra Dunn
11th	Marilyn Snyder
14th	Kathy Cahill
16th	Robert Meyer
19th	Patrick Bertsch
24th	Linda Blair
24th	Luana Lamkin

Activities

Let's Get Crafty

We're making valentines and other holiday crafts this month and invite you to join us for a love-ly time! See calendar for dates and times.

Watching the Winter Olympics

Americans can watch the 2026 Winter Olympics from Feb. 6-22 on NBC and Peacock, NBC's subscription streaming service. The games are happening in Northern Italy, which is six hours ahead of Eastern Standard Time.

Share the Love

Don't you just love living in our community? Whether it's because of our great staff, great location or great amenities, make sure you tell everyone you know about how much you love living here. Then, if they visit us, sign a lease and move in, you'll receive a reward.



Wild World: Groundhogs

Every year on Groundhog Day, America's favorite weatherman appears. In honor of Punxsutawney Phil, share these facts about groundhogs. "Groundhog" is the typical name for these animals, but they are also called woodchucks. Sometimes they are referred to as "whistle-pigs" due to the sound they emit when in danger. They forge intricate tunnels, which have many chambers and entrances and can be up to 50 feet long. Every year, groundhogs hibernate. Their temperature drops to around 40 F, and their breathing and heart rate slow dramatically.



National Wear Red Day

February is American Heart Month, and at the "heart" of the campaign is "Go Red for Women," an educational movement to spread knowledge about heart disease in women. Wear red on the first Friday in February, National Wear Red Day, in support of women affected by cardiovascular illness.

Pet of the Month



Lulu: The Ideal Companion

Lulu is a delightful blend of Chihuahua and Yorkie, and she is 8 years old. Interestingly, she shares her birthday with her owner, Debbie Shaw (December 8).

Debbie appreciates Lulu's cheerful and easygoing nature which brings happiness to everyone around her. She feels confident taking Lulu along wherever she goes, knowing that her well-mannered and joyful demeanor makes her the perfect dog for both Debbie and our community.

Check It Out!

Did you know that we have a great selection of books for you to check out right here in the library? Whether you are lounging by the fireplace or having a lazy day in your apartment, we have a book for you. Come check it out! And remember: we are always glad to receive donations, so when you are done with that bestseller you're reading, drop it off at our library for someone else to enjoy.