



1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

*A Tradition of
Excellence in Boise*

Find us on 

Garden Plaza of Valley View

"Tradition of Excellence in Boise"
Explore Independent Living at Garden Plaza of Valley View. Our community fosters an active and independent lifestyle for seniors. At Garden Plaza, we are committed to cultivating a warm and inviting atmosphere that you will be proud to call home. Whether you're interested in engaging activities, enjoying delicious meals crafted by our chefs, or simply unwinding in a tranquil environment, our community offers something unique for everyone. Join us and immerse yourself in a vibrant community where friendships thrive and each day presents new opportunities. Discover why we are celebrated for our tradition of excellence in Boise!

Management Team

Eddie Johnson General Mgr
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Recreation
Jake Garrison Sales Director

Important Numbers

Front Desk 208-322-0311
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
Physical Therapy 208-501-7195
Recreation 208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7



February Greetings

Hello, and welcome to February! Plenty of fun activities are planned this month, and I hope you will join us. Remember: my door is always open, so please let me know if you have any questions or ideas to share!

Happy Valentine's Day

Valentine's Day is coming, and it reminds us of the people we love the most: you, our residents! And we're not thinking about just hearts and flowers, either. We are committed to making your home here the best ever. Let us know if there's anything else we can do to make it that way!

We Have a New Team Member!

We are excited to introduce a new addition to our team, someone who embodies our commitment to exceptional service and excellence. Join us in welcoming **Jake Garrison**, our new Sales Director! We look forward to incorporating his knowledge and enthusiasm into our group. Give him a warm welcome to our community!



Groundhog Day

Will Punxsutawney Phil see his shadow on Feb. 2? Will we have six more weeks of winter, or is spring right around the corner? We'll have some groundhog themed activities as we eagerly await Phil's prediction: check your calendar for all the details!

Super Bowl Party

We are thrilled to invite you to our Super Bowl Party in the bar area to celebrate our beloved sport! The festivities will kick off at 4:30 pm on Sunday, February 8th. Enjoy a variety of delicious food and beverages as we cheer on our teams. We can't wait to see you there!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|---|
| <div>1</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 MP Catholic Service</div> <div>2:00 MP Movie & Popcorn</div> <div>2:00 RR Quiddler</div> | <div>2</div> <div>Groundhog Day</div> <div>8:30 BA Punxsutawney Donut Breakfast</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 RR Bible Study</div> <div>1:30 RR Baking Cookies</div> <div>2:30 RR Activity Planning Meeting</div> <div>3:30 CL L-C-R Dice Game</div> <div>3:45 MP Catholic Rosary</div> | <div>3</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 FA Community Meeting</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 MP Do You Recall?</div> <div>3:15 BA Quarter Bingo</div> <div>6:30 RR Trivia Night</div> | <div>4</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 MP Worship Service</div> <div>1:30 MP Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 L Creative Writing Chat</div> <div>2:00 RR Word Game</div> <div>3:00 RR Art 4 All... painting class with Artist Mary Jussel</div> <div>6:30 CL Bunco Night</div> | <div>5</div> <div>9:00 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:00 RR Valentines Craft</div> <div>6:30 BA Gospel Singers</div> | <div>6</div> <div>9:00 Shop ... Dollar Store</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Winco</div> <div>1:00 CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00 CL "31" Bring 3 Quarters</div> <div>3:15 BA Quarter Bingo</div> | <div>7</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 RR Ladies' Game Night</div> |
| <div>8</div> <div>Super Bowl Sunday</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 MP Catholic Service</div> <div>2:00 MP Movie & Popcorn</div> <div>2:00 RR Quiddler</div> <div>4:30 FA Super Bowl Party</div> | <div>9</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 RR Bible Study</div> <div>1:30 RR Baking Cookies</div> <div>2:00 MP Parkinson's Support Group</div> <div>3:30 CL L-C-R Dice Game</div> <div>3:45 MP Catholic Rosary</div> | <div>10</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 L Book Club</div> <div>12:30 L Bookmobile</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 MP Travelogue</div> <div>3:15 BA Quarter Bingo</div> <div>6:30 RR Trivia Night</div> | <div>11</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 MP Worship Service</div> <div>1:30 MP Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 L Creative Writing Chat</div> <div>2:00 RR Word Game</div> <div>3:00 RR Team Jeopardy</div> <div>5:00 L Art Show & Sale... Meet the Artist</div> <div>6:30 CL Bunco Night</div> | <div>12</div> <div>9:00 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30 BA Happy Hour</div> | <div>13</div> <div>9:00 Shop...Walgreens</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Ross</div> <div>11:30 Lunch Out! Longhorn Steakhouse</div> <div>1:00 CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00 CL "31" Bring 3 Quarters</div> <div>3:15 BA Quarter Bingo</div> | <div>14</div> <div>Valentine's Day</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>3:00 BA Friendship Social</div> <div>6:30 RR Ladies' Game Night</div> |
| <div>15</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 MP Catholic Service</div> <div>2:00 MP Movie & Popcorn</div> <div>2:00 RR Quiddler</div> | <div>16</div> <div>Presidents Day</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 RR Bible Study</div> <div>1:30 RR Baking Cookies</div> <div>2:00 MP Catholic Mass</div> <div>2:30 RR Sorting Jewelry -Youth Ranch</div> <div>3:30 CL L-C-R Dice Game</div> <div>3:45 MP Catholic Rosary</div> | <div>17</div> <div>Fat Tuesday</div> <div>8:30 BA Mardi Gras Pancake Breakfast</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 L Book Club</div> <div>10:30 MP Veterans Coffee Social</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 MP Lifelong Learning</div> <div>3:15 BA Quarter Bingo</div> <div>6:30 RR Trivia Night</div> | <div>18</div> <div>Ash Wednesday</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 MP Worship Service</div> <div>1:30 MP Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 L Creative Writing Chat</div> <div>2:00 RR Word Game</div> <div>3:00 RR Team Jeopardy</div> <div>6:30 CL Bunco Night</div> | <div>19</div> <div>9:00 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30 BA New Resident Meet & Greet</div> | <div>20</div> <div>9:00 Shop ... Target</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Walmart</div> <div>11:00 MP BVA Meeting</div> <div>1:00 CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00 CL "31" Bring 3 Quarters</div> <div>3:15 BA Quarter Bingo</div> | <div>21</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 RR Ladies' Game Night</div> |
| <div>22</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 MP Catholic Service</div> <div>2:00 MP Movie & Popcorn</div> <div>2:00 RR Quiddler</div> | <div>23</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 RR Bible Study</div> <div>1:30 RR Baking Cookies</div> <div>3:30 CL L-C-R Dice Game</div> <div>3:45 MP Catholic Rosary</div> | <div>24</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>11:00 RR Food Committee Meeting</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 MP Do You Recall?</div> <div>3:15 BA Quarter Bingo</div> <div>6:30 RR Trivia Night</div> | <div>25</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 MP Worship Service</div> <div>1:30 MP Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 L Creative Writing Chat</div> <div>2:00 RR Word Game</div> <div>3:00 RR Team Jeopardy</div> <div>6:30 CL Bunco Night</div> | <div>26</div> <div>9:00 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30 BA Happy Hour</div> | <div>27</div> <div>9:00 Shop...Grocery Outlet</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Thrift Store</div> <div>1:00 CL Shuffleboard Competition</div> <div>1:30 Shop ... Albertsons</div> <div>2:00 CL "31" Bring 3 Quarters</div> <div>3:00 BA Resident Birthday Bash</div> | <div>28</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 RR Ladies' Game Night</div> |





| | |
|------|-------------------|
| 1st | Evelyn Marzinelli |
| 6th | John Leininger |
| 7th | Leila Inlow |
| 7th | Beatrice Gzowski |
| 9th | Karen Prockish |
| 10th | Kathryn Hart |
| 11th | Sandra Dunn |
| 11th | Marilyn Snyder |
| 14th | Kathy Cahill |
| 16th | Robert Meyer |
| 19th | Patrick Bertsch |
| 24th | Linda Blair |
| 24th | Luana Lamkin |



Let's Get Crafty

We're making valentines and other holiday crafts this month and invite you to join us for a love-ly time! See calendar for dates and times.

Watching the Winter Olympics

Americans can watch the 2026 Winter Olympics from Feb. 6-22 on NBC and Peacock, NBC's subscription streaming service. The games are happening in Northern Italy, which is six hours ahead of Eastern Standard Time.

Share the Love

Don't you just love living in our community? Whether it's because of our great staff, great location or great amenities, make sure you tell everyone you know about how much you love living here. Then, if they visit us, sign a lease and move in, you'll receive a reward.



Wild World: Groundhogs

Every year on Groundhog Day, America's favorite weatherman appears. In honor of Punxsutawney Phil, share these facts about groundhogs. "Groundhog" is the typical name for these animals, but they are also called woodchucks. Sometimes they are referred to as "whistle-pigs" due to the sound they emit when in danger. They forge intricate tunnels, which have many chambers and entrances and can be up to 50 feet long. Every year, groundhogs hibernate. Their temperature drops to around 40 F, and their breathing and heart rate slow dramatically.



National Wear Red Day

February is American Heart Month, and at the "heart" of the campaign is "Go Red for Women," an educational movement to spread knowledge about heart disease in women. Wear red on the first Friday in February, National Wear Red Day, in support of women affected by cardiovascular illness.



Lulu: The Ideal Companion

Lulu is a delightful blend of Chihuahua and Yorkie, and she is 8 years old. Interestingly, she shares her birthday with her owner, Debbie Shaw (December 8).

Debbie appreciates Lulu's cheerful and easygoing nature which brings happiness to everyone around her. She feels confident taking Lulu along wherever she goes, knowing that her well-mannered and joyful demeanor makes her the perfect dog for both Debbie and our community.

Check It Out!

Did you know that we have a great selection of books for you to check out right here in the library? Whether you are lounging by the fireplace or having a lazy day in your apartment, we have a book for you. Come check it out! And remember: we are always glad to receive donations, so when you are done with that bestseller you're reading, drop it off at our library for someone else to enjoy.