



1130 N Allumbaugh Street  
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*A Tradition of  
Excellence in Boise*

Find us on

## Garden Plaza of Valley View

### "Continuum of Care Campus"

Enjoy Independent Living, Assisted Living, Skilled Nursing and Rehabilitation at its best at Garden Plaza of Valley View, The Bridge at Valley View and Valley View Nursing and Rehabilitation. Our community encourages seniors to live their retirement years actively and independently. Retirement Living at Garden Plaza allows seniors to live carefree lifestyles—because we take care of the details! We are committed to creating a place you will love to call home!

### Management Team

Eddie Johnson ..... General Mgr  
Jaimie Cox ..... Business Office  
Jennifer Kavulich ..... Dining Svs  
Frank Dowd ..... Maintenance  
Sherrie Hix ..... Recreation



### Important Numbers

Front Desk ..... 208-322-0311  
Beauty Shop ..... 208-861-4222  
Business Office ..... 208-327-1023  
Dining Room ..... 208-327-1054  
Emergency ..... 911  
Physical Therapy ..... 208-501-7195  
Recreation ..... 208-327-1025

### Office Hours

Monday-Friday ..... 8 am - 4:30 pm  
Front Desk Available 24/7



### 'Tis the Season

Ho, ho, ho! Get ready to hang up the mistletoe! Wishing you and your family a Merry Christmas and a Happy New Year. As the holidays approach, we hope your celebrations will be delightful. Our community newsletter serves as your communication hub for all the festive events we have lined up! We have an array of exciting activities planned, so be sure to attend each one! Stay tuned to your activity bulletin for details on upcoming parties, contests, and more. If you have any ideas or suggestions, we would love to hear from you!

### Toys for Tots

The holidays invite us to share our blessings with those less fortunate, and for your convenience, we have a Toys for Tots drop-off located in the lobby. Just place your new, unwrapped toys in the train cart, and we'll make sure they're delivered. Thank you for your generosity!

### Deck the Halls

It's that wonderful time of year, and we're excited to celebrate! All residents and their families are warmly invited to our annual holiday party on Wednesday, December 17th, beginning at 5:30 PM. Stay tuned for amazing details! We are certain it will be a fantastic time! Dress in your favorite festive attire and get ready to enjoy an evening filled with joy and laughter. Delicious food, delightful music and fun activities for all ages. Don't miss the chance to meet Santa Claus, who will be making a special appearance to spread holiday cheer and take photos with the kids. We'll also have horse-drawn carriage rides to help create wonderful memories and embrace the spirit of the season. See you there! RSVP at the front office. Happy Holidays!

### Spread Holiday Cheer

Get into the festive spirit by decorating your apartment door! We are thrilled to introduce a door decorating contest with amazing prizes, encouraging everyone to embrace the joy of the holidays. For more details, please see Sherrie, and let the holiday festivities commence!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>RR</span> Bible Study 1:30 <span>RR</span> Baking Christmas Cookies 3:30 <span>CL</span> L-C-R Dice Game 3:45 <span>MP</span> Catholic Rosary	2 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>FA</span> Community Meeting 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>FA</span> Balance Exercise Class 2:00 <span>MP</span> Holiday Music with the Idaho Bluegrass Band 3:15 <span>BA</span> Quarter Bingo 6:30 <span>RR</span> Trivia Night	3 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:45 <span>MP</span> Worship Service 1:30 <span>MP</span> Kings in the Corner 1:30 <span>CL</span> VV Bridge Group 1 2:00 <span>L</span> Creative Writing Chat 3:00 <span>MP</span> Art 4 All... painting class with Artist Mary Jussel 6:30 <span>CL</span> Bunco Night	4 9:30 Banking 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop Fred Meyer 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>CL</span> Blackjack "21" 1:30 Tour the Town 6:30 <span>BA</span> Gospel Singers	5 9:00 Shop ... Thrift Store 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop ... Winco 1:00 <span>CL</span> Shuffleboard Competition 1:30 Shop ... Albertsons 2:00 <span>RR</span> Making Gingerbread House 3:15 <span>BA</span> Quarter Bingo	6 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 <span>FA</span> Stretch Class 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>CL</span> L-C-R Dice Game 6:30 <span>RR</span> Ladies' Game Night
Pearl Harbor Remembrance Day 7 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 <span>MP</span> Catholic Service 2:00 <span>MP</span> Holiday Movie 2:00 <span>RR</span> Quiddler	8 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>RR</span> Bible Study 1:30 <span>RR</span> Baking Christmas Cookies 2:00 <span>MP</span> Parkinson's Support Group 3:30 <span>CL</span> L-C-R Dice Game 3:45 <span>MP</span> Catholic Rosary	9 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>L</span> Book Club 12:30 <span>L</span> Bookmobile 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>FA</span> Balance Exercise Class 2:00 <span>MP</span> Women of Note... Ladies Choir 3:15 <span>BA</span> Quarter Bingo 6:30 <span>RR</span> Trivia Night	10 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:45 <span>MP</span> Worship Service 1:30 <span>MP</span> Kings in the Corner 1:30 <span>CL</span> VV Bridge Group 1 2:00 <span>L</span> Creative Writing Chat 3:00 <span>MP</span> Team Jeopardy 5:00 <span>L</span> Meet & Greet the Artist 6:30 <span>CL</span> Bunco Night	11 9:30 Banking 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop Fred Meyer 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>CL</span> Blackjack "21" 1:30 Tour the Town 3:30 <span>BA</span> Happy Hour	12 9:00 Shop Walgreens 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop ... Walmart 11:30 Lunch Out! 1:00 <span>CL</span> Shuffleboard Competition 1:30 Shop ... Albertsons 2:00 <span>RR</span> Making Christmas Card 3:15 <span>BA</span> Quarter Bingo	13 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 <span>FA</span> Stretch Class 1:00 <span>BA</span> Sweet Adeline's- Choir 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>CL</span> L-C-R Dice Game 6:30 <span>RR</span> Ladies' Game Night
Hanukkah Begins at Sundown 14 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 <span>MP</span> Catholic Service 2:00 <span>MP</span> Holiday Movie 2:00 <span>RR</span> Quiddler	15 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>RR</span> Bible Study 1:30 <span>RR</span> Baking Christmas Cookies 2:00 <span>MP</span> Catholic Mass 2:30 <span>RR</span> Sorting Jewelry -Youth Ranch 3:30 <span>CL</span> L-C-R Dice Game 3:45 <span>MP</span> Catholic Rosary	16 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>L</span> Book Club 10:30 <span>MP</span> Veterans Coffee Social 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>FA</span> Balance Exercise Class 2:00 <span>MP</span> Travelogue 3:15 <span>BA</span> Quarter Bingo 6:30 <span>RR</span> Trivia Night	17 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:45 <span>MP</span> Worship Service 1:30 <span>MP</span> Kings in the Corner 1:30 <span>CL</span> VV Bridge Group 1 2:00 <span>L</span> Creative Writing Chat 3:00 <span>MP</span> Team Jeopardy 5:30 <span>L</span> Res/ Family Holiday Party	18 9:30 Banking 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop Fred Meyer 1:00 <span>CL</span> VV Pinochle\$ 1:15 <span>BA</span> Long Fellow Elementary Choir 1:30 <span>CL</span> Blackjack "21" 1:30 Tour the Town 3:00 <span>RR</span> Holiday funny Money Auction	19 9:00 Shop Target 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop ... Townsquare Mall 11:00 <span>MP</span> BVA Meeting 1:00 <span>CL</span> Shuffleboard Competition 1:30 Shop ... Albertsons 3:30 <span>BA</span> Ugly Christmas Sweater Cocktail Social	20 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 <span>FA</span> Stretch Class 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>CL</span> L-C-R Dice Game 3:00 <span>BA</span> Christmas Music with the Good Time Band 6:30 <span>RR</span> Ladies' Game Night
Winter Begins 21 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 <span>MP</span> Catholic Service 2:00 <span>MP</span> Hanukkah Music with the Moody Jews Band 2:00 <span>RR</span> Quiddler	22 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>RR</span> Bible Study 1:30 <span>RR</span> Baking Christmas Cookies 3:30 <span>CL</span> L-C-R Dice Game 3:45 <span>MP</span> Catholic Rosary 6:00 Christmas Night Light Tour	23 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>FA</span> Balance Exercise Class 2:00 <span>MP</span> Lifelong Learning 3:15 <span>BA</span> Quarter Bingo 6:30 <span>RR</span> Christmas Opera with the Detwilers	24 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:45 <span>MP</span> Worship Service 1:30 <span>MP</span> Kings in the Corner 1:30 <span>CL</span> VV Bridge Group 1 2:00 <span>L</span> Creative Writing Chat 3:00 <span>MP</span> Holiday Trivia 6:30 <span>CL</span> Bunco Night	25 	26 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 Shop ... Dollar Store 1:00 <span>CL</span> Shuffleboard Competition 1:30 Shop ... Albertsons 3:00 <span>BA</span> Resident Birthday Bash	27 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 <span>FA</span> Stretch Class 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>CL</span> L-C-R Dice Game 6:30 <span>RR</span> Ladies' Game Night
28 10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 11:00 <span>MP</span> Catholic Service 2:00 <span>MP</span> Movie & Popcorn 2:00 <span>RR</span> Quiddler	29 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:30 <span>RR</span> Bible Study 1:30 <span>RR</span> Baking Christmas Cookies 3:30 <span>CL</span> L-C-R Dice Game 3:45 <span>MP</span> Catholic Rosary	30 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 11:00 <span>RR</span> Food Committee Meeting 1:00 <span>CL</span> VV Pinochle\$ 1:30 <span>FA</span> Balance Exercise Class 2:00 <span>MP</span> Do You Recall? 3:15 <span>BA</span> Quarter Bingo 6:30 <span>RR</span> Trivia Night	31 New Year's Eve 10:00 <span>FA</span> Pledge of Allegiance 10:00 <span>FA</span> Stretch Class 10:45 <span>MP</span> Worship Service 1:30 <span>MP</span> Kings in the Corner 1:30 <span>CL</span> VV Bridge Group 1 2:00 <span>L</span> Creative Writing Chat 3:00 <span>MP</span> End of Year Celebration 6:30 <span>CL</span> Bunco Night			



# Happy Birthday

1st Barbara Burns  
2nd Darwin Smith  
8th Debra Shaw  
8th Gerald York  
9th Juanita Emmett  
11th Barbara Olson  
15th Carolyn Jauregui  
27th Karen Ash

# Welcome New Residents

Here's a warm winter welcome to our new residents! We're so happy you're home.

Judy Doerann  
Wilma Walker

# Manager's Corner

## Employee Appreciation Fund

If you'd like to contribute to the employee Christmas appreciation fund, please stop by the front desk or speak with the manager on duty. Thank you for your support.

## Holiday Décor Safety

Make sure you think of safety when decorating for the season. Don't let tinsel or garland become a tripping hazard; for fire safety, turn off all lights before going to bed or leaving your apartment; and read all warning labels and directions.

# Pet of the Month



Meet John and Luana Lamkin, along with their beloved companion, Luca. Luca is a six-year-old Yorkshire Terrier who weighs in at just five pounds. They have been fortunate to have him as part of their family for five delightful years, bringing them joy and laughter each day. He has an adorable collection of toys that he treasures—when he lounges in the living room, they all gather around him; when he ventures into the bedroom, they follow suit; and when he snuggles into their bed, his toys do the same. Luca boasts a fierce bark, always ready to safeguard their home—even if he hasn't quite grasped that their new house is shared with 160 other residents! John and Luana can't imagine their lives without him. His playful and affectionate spirit fills their days with boundless happiness.



## What's Cooking

## Holiday Dinner

We are excited to host a holiday feast for our residents on Christmas Day! RSVP at the front desk if you plan to bring a guest. Guest Meal tickets are \$20.

## Laugh Lines: Eat, Drink and Be Merry

The gingerbread man went to the medical clinic because he had a sore knee. After examining it, the doctor said, "Have you tried icing it?"

Q: Why did the gingerbread man go to the dentist?

A: He had gingivitis.

Q: What does gingerbread do when it's done baking?

A: It just loaf around.

Q: What is a gingerbread man's favorite drink?

A: Ginger ale.

Q: How would you rate the eggnog?

A: It's egg-cellent.

Q: Who tells the best eggnog jokes?

A: Comedi-hens!

Q: What's a fun party activity to do while drinking eggnog?

A: Singing kara-yolkie!

Q: What happens when no one comes to your holiday party?

A: You can have your fruitcake and eat it too.

Q: Why is history like a fruitcake?

A: Because it's full of dates.

Q: When is a fruitcake like a golf ball?

A: When it's been sliced.

Q: Why was the German tourist searching for fruitcake?

A: It was stolen.

