



1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

*A Tradition of
Excellence in Boise*

Find us on

Garden Plaza of Valley View



"Continuum of Care Campus"

Enjoy Independent Living, Assisted Living, Skilled Nursing and Rehabilitation at its best at Garden Plaza of Valley View, The Bridge at Valley View and Valley View Nursing and Rehabilitation. Our community encourages seniors to live their retirement years actively and independently. Retirement Living at Garden Plaza allows seniors to live carefree lifestyles—because we take care of the details! We are committed to creating a place you will love to call home!

Management Team

Eddie Johnson General Mgr
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Recreation
Melanie Eames Sales
Pam Dillman Sales

Important Numbers

Front Desk 208-322-0311
Beauty Shop 208-327-1178
Business Office 208-327-1023
Dining Room 208-327-1054
Emergency 911
Physical Therapy 208-854-8502
Recreation 208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7

Summer Greetings

Welcome to the dog days of summer! Plenty of "cool" activities planned this month, so make plans to dive in and join us for some fun times. If you have any ideas or suggestions, please stop by my office. My door is always open, and I enjoy chatting with each of you!
- Sherrie



Resident Referral Program

Don't you just love living in our community? Whether it's because of our great staff, great location or great amenities, tell everyone you know about how much you love living here. Then, if they sign a lease and move in, you'll receive a reward!

It's Fair Time!

We're heading to the fair this month! Get ready for carnival treats, fun games, and exciting exhibits during our outing! Whether you can join us at the fair or not, we'll be bringing the fair fun to you! See your calendar for upcoming festivities and don't miss out on the fun.



Put on Your Game Face!

Join your fellow residents for a week of friendly competition and a whole lot of laughs as we play some of your favorite TV Game Shows live! Think you've got what it takes to be the next champion? It's time to step up, take a shot at the buzzer, and claim your moment of glory!

School Supply Drive

Summer is coming to an end, and soon our area schools will be back in session! Let's help local students have a great start to the year by collecting school supplies to donate to those in need. Look for posted flyers with a wish list plus other information, or stop by my office for more details. Thank you for helping serve our community!

Immunization Awareness

August is Immunization Awareness Month and a good time to check with your physician to make sure you are current on all of your vaccinations. Remember, flu season is approaching, and it's important to get your flu shot when it becomes available.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>3</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 Catholic Service</div> <div>2:00 Movie & Popcorn</div> <div>2:00 Quiddler</div>	 <div>4</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Bible Study</div> <div>11:00 L Walking Club</div> <div>1:15 Catholic Rosary</div> <div>1:30 In the Mix- Baking</div> <div>2:30 Sorting Jewelry -Youth Ranch</div> <div>3:30 CL L-C-R Dice Game</div>	 <div>5</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 FA Community Meeting</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 Do You Recall?</div> <div>3:15 Quarter Bingo</div> <div>6:30 Trivia Game Night</div>	 <div>6</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 Worship Service</div> <div>11:30 L Weenie Roast Wednesday</div> <div>1:30 Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 Creative Writing Chat</div> <div>3:00 Art Class with Mary Jussel</div> <div>6:30 CL Bunco Night</div>	 <div>7</div> <div>9:30 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:00 L Tie Dye Art Fair</div> <div>6:30 Gospel Singers</div>	<div>1</div> <div>9:00 Walk the Park</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Albertsons</div> <div>11:00 L Walking Club</div> <div>1:00 Mahjong</div> <div>1:30 Shop ... Winco</div> <div>2:00 CL Fair Food Friday</div> <div>3:15 Quarter Bingo</div>	<div>2</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 Ladies' Game Night</div>
<div>10</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 Catholic Service</div> <div>2:00 Movie & Popcorn</div> <div>2:00 Quiddler</div>	<div>11</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Bible Study</div> <div>11:00 L Walking Club</div> <div>1:15 Catholic Rosary</div> <div>1:30 In the Mix- Baking</div> <div>2:00 Parkinson's Support Group</div> <div>3:30 CL L-C-R Dice Game</div>	<div>12</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Book Club</div> <div>11:00 L Walking Club</div> <div>12:30 L Bookmobile</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 Do You Recall?</div> <div>3:15 Quarter Bingo</div> <div>6:30 Trivia Game Night</div>	<div>13</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 Worship Service</div> <div>11:30 L Weenie Roast Wednesday</div> <div>1:30 Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 Creative Writing Chat</div> <div>3:00 Craft Class</div> <div>5:00 Meet & Greet the Artist</div> <div>6:30 CL Bunco Night</div>	<div>14</div> <div>9:30 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30 Happy Hour</div>	<div>15</div> <div>9:00 Walk the Park</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Albertsons</div> <div>11:00 BVA Meeting</div> <div>11:00 L Walking Club</div> <div>1:00 Mahjong</div> <div>1:30 Shop ... Dollar Store</div> <div>2:00 CL Fair Food Friday</div> <div>3:15 Quarter Bingo</div>	<div>16</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 Ladies' Game Night</div>
<div>17</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>11:00 Catholic Service</div> <div>2:00 Movie & Popcorn</div> <div>2:00 Quiddler</div>	<div>18</div> <div>TV Game Show Week</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Bible Study</div> <div>11:00 L Walking Club</div> <div>1:15 Catholic Rosary</div> <div>1:30 In the Mix- Baking</div> <div>2:00 Catholic Mass</div> <div>2:30 Sorting Jewelry -Youth Ranch</div> <div>3:30 CL Name That Tune</div>	<div>19</div> <div>TV Game Show Week</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Book Club</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>1:30 Western Idaho Fair</div> <div>2:00 Do You Recall?</div> <div>3:15 Jeopardy</div> <div>6:30 Trivia Game Night</div>	<div>20</div> <div>TV Game Show Week</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 Worship Service</div> <div>11:30 L Weenie Roast Wednesday</div> <div>1:30 Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 Creative Writing Chat</div> <div>3:00 Price Is Right!</div> <div>6:30 CL Bunco Night</div>	<div>21</div> <div>TV Game Show Week</div> <div>9:30 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:00 Family Feud</div>	<div>22</div> <div>TV Game Show Week</div> <div>9:00 Walk the Park</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Albertsons</div> <div>11:00 L Walking Club</div> <div>1:00 Mahjong</div> <div>1:30 Shop ... Target</div> <div>2:00 CL Fair Food Friday</div> <div>3:15 Wheel of Fortune</div>	<div>23</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 Ladies' Game Night</div>
<div>24</div> <div>11:00 Catholic Service</div> <div>2:00 Movie & Popcorn</div> <div>2:00 Quiddler</div>	<div>25</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Bible Study</div> <div>11:00 L Walking Club</div> <div>1:15 Catholic Rosary</div> <div>1:30 In the Mix- Baking</div> <div>3:30 CL L-C-R Dice Game</div>	<div>26</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>11:00 Food Committee Meeting</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 FA Balance Exercise Class</div> <div>2:00 Do You Recall?</div> <div>3:15 Quarter Bingo</div> <div>6:30 Trivia Game Night</div>	<div>27</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:45 Worship Service</div> <div>11:00 Jump Tractor Tour</div> <div>11:30 L Weenie Roast Wednesday</div> <div>1:30 Kings in the Corner</div> <div>1:30 CL VV Bridge Group 1</div> <div>2:00 Creative Writing Chat</div> <div>3:30 New Resident Meet & Greet</div> <div>6:30 CL Bunco Night</div>	<div>28</div> <div>9:30 Banking</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop Fred Meyer</div> <div>11:00 L Walking Club</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL Blackjack "21"</div> <div>1:30 Tour the Town</div> <div>3:30 Happy Hour</div>	<div>29</div> <div>9:00 Walk the Park</div> <div>10:00 FA Pledge of Allegiance</div> <div>10:00 FA Stretch Class</div> <div>10:30 Shop ... Albertsons</div> <div>11:00 L Walking Club</div> <div>1:00 Mahjong</div> <div>1:30 Shop ... Thrift Store</div> <div>2:00 CL Fair Food Friday</div> <div>3:00 Resident Birthday Bash</div>	<div>30</div> <div>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</div> <div>10:00 FA Stretch Class</div> <div>1:00 CL VV Pinochle\$</div> <div>1:30 CL L-C-R Dice Game</div> <div>6:30 Ladies' Game Night</div>
<div>31</div> <div>11:00 Catholic Service</div> <div>2:00 Movie & Popcorn</div> <div>2:00 Quiddler</div>						

Happy Birthday

1st	Roberta Dixon
2nd	Evelyn Cates
8th	Robert Baker
8th	Sachiko Sakoi
9th	Dennis Moller
12th	Carol Miller
13th	Beverly Wibbels
15th	Florence Mattie
21st	Dorothy Patterson
23rd	Richard Johnson
24th	Larry McDonald
26th	Myrna Cortner
28th	Dean Nehrig
28th	Connie Tighe
29th	Patti Lea Berg
29th	Verna Goeddertz
29th	Carol Hronek
31st	Marian Forrey

Welcome New Residents

Patti Lea Berg
Bob & Beth Baker
Lois Gramer
Mary McCallister
Lila & Ron Shatter

Activities

Are You Game?

Want to challenge your friends to a game of Monopoly, Checkers or Scrabble? Several games available. Just stop by our office to check one out and let the games begin!

Pet of the Month

Dog Days of Summer

Meet Simon,
Simon is more than just a handsome face; he has a delightful personality that captures the hearts of everyone he encounters. His playful spirit shines through as he happily chases after his favorite toys. We are excited to honor Simon as our Pet of the Month and we appreciate the joy he brings to our community!



Pet a Pooch

There's a pack of research that shows dogs deliver happiness on four legs, but you don't need to own a dog to benefit from them. The simple act of petting a canine can improve your mood and overall health.

Dogs in the Movies

Go fetch some "pupcorn" and join us on Saturdays for these flicks starring man's best friend:

- "Benji"
- "Beethoven"
- "Homeward Bound"
- "Marley & Me"

Top Dogs

They steal our hearts and make us laugh. Some of the world's most memorable stars have been canines. Celebrate these "pup" culture icons on National Dog Day, Aug. 26.

Petey. The original pooch in "The Little Rascals" kid comedies had a partial black circle around one eye, which makeup artists completed with dye, giving him the distinctive look he's known for.

Pluto. Since 1930, Mickey Mouse's pet and faithful sidekick has entertained audiences with his silly facial expressions and playful personality.

Toto. Dorothy's loyal companion, who journeyed with her from their Kansas farm to a magical land in the classic film "The Wizard of Oz," was played by a black cairn terrier named Terry.

Snoopy. Sleeping on top of his doghouse, pretending to be a World War I flying ace, and writing stories on his typewriter are just a few of the quirky pastimes of Charlie Brown's pet beagle in the "Peanuts" comic strip.

Benji. This heroic mixed-breed mutt, who gets in many predicaments but always manages to save the day, became a box office star when his first film debuted in 1974.

Gidget. The small Chihuahua with the big personality starred in popular commercials for the fast-food chain Taco Bell in the late 1990s.

