



1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

*A Tradition of
Excellence in Boise*

Find us on 

The Bridge at Valley View

“Tradition of Excellence in Boise”
Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

Management Team

Eddie Johnson General Manager
Virginia Thornley AL Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Activities
Jake Garrison Sales Director



Summer Greetings

Welcome to the dog days of summer! Plenty of “cool” activities planned this month, so make plans to dive in and join us for some fun times. If you have any ideas or suggestions, please stop by my office. I enjoy chatting with each of you! Sherrie

School Supply Drive

Help local students start the school year off right! We’re collecting school supplies for children in need. Check the posted wish lists for needed items or stop by my office for more information. Thank you for supporting our community!



Put on Your Game Face!

Join your fellow residents for a week of friendly competition and a whole lot of laughs as we play some of your favorite TV Game Shows live! Think you’ve got what it takes to be the next champion? It’s time to step up, take a shot at the buzzer, and claim your moment of glory!

Carnival Fun!

It’s Fair Time! We’re heading to the fair this month! Get ready for carnival treats, fun games, and exciting exhibits during our outing! Whether you can join us at the fair or not, we’ll be bringing the fair fun to you! See your calendar for upcoming festivities and don’t miss out on the fun.



Important Numbers

AL Receptionist 208-327-1044
Front Desk Dial (0)
AL Manager 208-327-1046
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
General Manager 208-327-1021
Recreation 208-327-1025
Physical Therapy 208-501-7195

Weenie Roast Wednesday!

Every Wednesday in August at lunchtime, we’re roasting up hot dogs in the dining room! Come relish the fun, ketchup with friends, and enjoy a tasty lunch that’s sure to hit the spot!



Let’s Have a Luau!

Aloha! Time to get out your Hawaiian shirt, grass skirt and lei! We’re having a luau, and would love to see everyone there. Check the calendar for details.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																												
 2 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	 3 10:00 RR American History 11:00 DR Exercise Class 1:30 P Chat Club 2:30 RR What's Cooking? 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	 4 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR Travelogue 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	 5 Weenie Roast Wednesday 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 2:30 RR Craft Class 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Horse Race	 6 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Quarter Bingo 5:30 RR Pinochle Club 6:30 IL Gospel Singers-IL	 7 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Carnival Games 3:30 DR Happy Hour 5:30 RR Poker Night	1 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo	9 9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	10 10:00 RR American History 11:00 DR Exercise Class 1:30 RR Chat Club 2:00 DR Guitar Music with Bruce 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	11 10:00 RR Brain Teaser 11:00 DR Exercise Class 12:45 IL Bookmobile- IL 1:30 P Patio Games 2:30 RR Activity Planning Meeting 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	12 Weenie Roast Wednesday 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 3:00 DR Community Meeting 4:00 RR Oh, Shoot! ... Dice Game 5:00 IL Art Show & Sale ... Meet the Artist 5:30 RR Horse Race	13 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 2:00 IL Parkinson's Support Group-IL 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	14 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Blackjack "21" 1:30 O Shop Albertsons 2:30 RR Carnival Games 3:30 DR Spill & Spell ... Dice Game 5:30 RR Poker Night	15 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo	16 9:00 L Paper Puzzler 9:30 RR Life Church Service 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	17 10:00 RR American History 11:00 DR Exercise Class 1:30 RR Chat Club 2:00 IL Catholic Mass-IL 2:30 RR What's Cooking? 3:45 IL Catholic Rosary-IL 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	18 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR Who, What, When 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	19 Weenie Roast Wednesday 9:30 RR Chapel 11:00 DR Exercise Class 1:30 DR Chat Club 3:00 RR Art 4 All ... painting class with Artist Mary Jussel 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Horse Race	20 9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	21 Hawaiian Day 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 RR Carnival Games 1:30 O Shop Albertsons 3:00 DR Lua Tiki Party 5:30 RR Poker Night	22 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo	23 9:30 RR Life Church Service 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn	24 TV Game Show Week 10:00 RR American History 11:00 DR Exercise Class 2:30 RR Name That Tune 4:00 RR L-C-R Dice Game 6:00 RR Bible Study	25 Game Show Day 10:00 RR Brain Teaser 11:00 DR Exercise Class 1:30 P Patio Games 2:30 RR Jeopardy 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	26 Game Show Day 9:30 RR Chapel 11:00 DR Exercise Class 1:00 O Western Idaho Fair \$ 1:30 DR Chat Club 3:00 RR Family Feud 4:00 RR Oh, Shoot! ... Dice Game 5:30 RR Horse Race	27 Game Show Day 9:00 O Banking 10:00 RR Price Is Right! 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town 3:30 RR Quarter Bingo 5:30 RR Pinochle Club	28 Game Show Day 9:30 RR Bible Study 11:00 DR Exercise Class 1:30 O Shop Albertsons 1:30 RR Wheel of Fortune 3:00 DR Resident Birthday Bash 5:30 RR Poker Night	29 9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo	30 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble	31 10:00 RR American History 11:00 DR Exercise Class 2:30 RR What's Cooking? 4:00 RR L-C-R Dice Game 6:00 RR Bible Study					
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4th Margaret Lightfoot
4th Irene Reich
8th Bob Baker
11th Jim Nicholson
16th Virginia Bessone

The staff would like to wish those residents celebrating a birthday in August a very happy birthday.



Bob Baker
William Ringert

We're excited to welcome our newest residents to our community this August!



Read ... Read ... Read

Did you know that we have a great selection of books for you to check out right here in the library? Whether you are lounging outside or having a lazy day in your apartment, we have a book for you. Come check it out! And remember, we are always glad to receive donations, so when you are done with that bestseller you're reading, drop it off at our library for someone else to enjoy.



Dog Days of Summer

Go fetch some "pupcorn" and join us on Sunday for these furry flicks starring man's best friend:

- "Benji"
- "Beethoven"
- "Homeward Bound"
- "Best in Show"
- "Marley & Me" Laugh

The term "dog days" was first used by the ancient Romans to refer to late July and early August. That is when Sirius, the "dog star," would rise and set in conjunction with the sun. The Romans believed the star added to the heat produced by the sun.

Board Games And the Brain

Besides being fun, board games also benefit the brain. The strategy and problem-solving skills involved in playing board games engages the parts of the brain that control memory and complex thinking. Research shows that participating in non-digital games helps keep the mind sharp.



Poker Night

Got a good poker face? Try it out at our Poker Night for the chance to win some great prizes. So come down and test your skills (and luck) for a good time with your friends!



Lois Jean Gramer

Lois was born on April 20, 1940, in Moscow, Idaho, to Glen and Gladice. As an only child, Lois was especially close to her father and proudly describes herself as a "Daddy's girl." Her mother chose the name *Lois* because she didn't want her daughter to have a nickname.

After graduating from Boise High School in 1958, Lois enlisted in the United States Coast Guard in 1960. She proudly served our country for 25 years and 10 months, earning several commendations, including a Sharpshooter Ribbon.

Lois enjoys many hobbies, including embroidery, knitting, reading, and walking. Above all, she treasures spending time with her children and sharing her love of God with those around her.

We are honored to recognize Lois for her lifetime of service, her warm spirit, and the kindness she brings to our Valley View community. Congratulations, Lois!