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*A Tradition of
Excellence in Boise*

Find us on 

The Bridge at Valley View

"Tradition of Excellence in Boise"
Garden Plaza of Valley View provides the best Assisted Living services in Boise through The Bridge at Valley View. We offer personal care in private residences designed to promote maximum independence while meeting the individual needs of each senior. To ensure a fulfilling retirement lifestyle, The Bridge also maintains a full calendar of social activities and events designed to promote the social, physical and emotional well-being of each resident. Our caring, professional Assisted Living staff includes RNs, LPNs and Care Aides.

Management Team

Eddie Johnson General Manager
Virginia Thornley AL Manager
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Recreation
Jake Garrison Sales Director

Important Numbers

AL Receptionist 208-327-1044
Front Desk Dial (0)
AL Manager 208-327-1046
Beauty Shop 208-861-4222
Business Office 208-327-1023
Dining Room 208-327-1054
General Manager 208-327-1021
Recreation 208-327-1025
Physical Therapy 208-501-7195

Spring Greetings!

The season is in full bloom, and so are our best wishes for all of our residents. Here's to a happy Spring full of smiles, laughter and beautiful weather!



Family Fun for Everyone!

Hop on over Easter Sunday for Brunch and Egg Hunt. Our Easter Bunny will be busy hiding eggs, and we need the little ones to help find them. Our egg hunt will begin at 11 am and be held outside, weather permitting. Brunch served at 11:30 am. Please RSVP to the front desk. Guest meal tickets are \$20. We're EGG-cited to see everyone!

APRIL IS
PARKINSON'S
AWARENESS
MONTH













Parkinson's Support Group

Valley View offers a Parkinson's support group that meets monthly. This support group is open to anyone affected by the disease and can help you cope with the day-to-day realities of having Parkinson's. Care partners and family members also can benefit from the group by sharing questions, concerns and utilizing educational resources currently available. Being part of a support group is a great way to reduce stress and connect with others who can relate to your experience.

Creative Minds

Calling all creative writers! If you're interested in sharing your work and discussing ideas with fellow authors and poets, then our Writing Club is the "write" place for you. You could even publish a piece in a future newsletter! Our writing club meets in the library every Wednesday.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Easter Sunday 5</p> <p>9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 11:00 P Kids' Easter Egg Hunt 11:30 IL Easter Brunch- IL 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble</p>	 <p>10:00 RR Do You Recall? 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Would You Rather 2:30 RR What's Cooking? 3:45 IL Catholic Rosary 4:00 RR L-C-R Dice Game 6:30 RR Bible Study</p>	 <p>10:00 RR Brain Teaser 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Travelogue 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>	<p>April Fools' Day 1</p> <p>9:30 RR Chapel 11:00 DR Exercise Class 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Easter Egg Coloring 4:00 RR Oh, Shoot! ... Dice Game</p>	<p>2</p> <p>9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 5:30 RR Pinochle Club 6:30 IL Gospel Singers- IL</p>	<p>3</p> <p>Good Friday 9:30 RR Bible Study 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Dominoes 1:30 O Shop Albertsons 2:30 RR Blackjack "21" 3:30 RR Happy Hour</p>	<p>4</p> <p>9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo</p>
<p>12</p> <p>9:00 L Paper Puzzler 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble</p>	<p>13</p> <p>10:00 RR Do You Recall? 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Would You Rather 2:30 RR What's Cooking? 3:45 IL Catholic Rosary 4:00 RR L-C-R Dice Game 6:30 RR Bible Study</p>	<p>14</p> <p>10:00 RR Brain Teaser 11:00 DR Exercise Class 12:45 IL Bookmobile- IL 1:00 RR Chat Club 1:30 RR Activity Planning Meeting 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>	<p>15</p> <p>9:30 RR Chapel 11:00 DR Exercise Class 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 3:00 RR Art Class with Mary Jussel 4:00 RR Oh, Shoot! ... Dice Game</p>	<p>16</p> <p>9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>	<p>17</p> <p>9:30 RR Bible Study 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Dominoes 1:30 O Shop Albertsons 2:30 RR Blackjack "21" 3:30 RR Happy Hour</p>	<p>18</p> <p>9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 3:30 RR Quarter Bingo</p>
<p>19</p> <p>9:00 L Paper Puzzler 9:30 RR Worship Service ... Life Church 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble</p>	<p>20</p> <p>10:00 RR Do You Recall? 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Would You Rather 2:30 RR What's Cooking? 3:45 IL Catholic Rosary 4:00 RR L-C-R Dice Game 6:30 RR Bible Study</p>	<p>21</p> <p>10:00 RR Brain Teaser 10:30 IL Veterans' Coffee Social 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Who, What, When 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>	<p>22</p> <p>9:30 RR Chapel 11:00 DR Exercise Class 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 3:00 DR Community Meeting 3:30 DR Ice Cream Bars 4:00 RR Oh, Shoot! ... Dice Game</p>	<p>23</p> <p>9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>	<p>24</p> <p>9:30 RR Bible Study 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Dominoes 1:30 O Shop Albertsons 3:00 DR Resident Birthday Bash </p>	<p>25</p> <p>9:00 L Paper Puzzler- Complete over the weekend and submit to the front desk for a chance to win \$1 11:00 DR Exercise Class 1:30 RR L-C-R Dice Game 2:00 IL Valley View Presents... Philadelphia Chickens Musical Revue</p>
<p>26</p> <p>9:00 L Paper Puzzler 9:30 RR Worship Service ... Life Church 11:00 IL Catholic Service- IL 11:00 RR Exercise Tape 1:30 L Color Art 2:30 L Movie & Popcorn 3:30 RR Scrabble</p>	<p>27</p> <p>10:00 DR Do You Recall? 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Would You Rather 2:30 RR What's Cooking? 3:45 IL Catholic Rosary 4:00 RR L-C-R Dice Game 6:30 RR Bible Study</p>	<p>28</p> <p>10:00 RR Brain Teaser 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 RR Food Committee Meeting 2:30 RR Horse Race 3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>	<p>29</p> <p>9:30 RR Chapel 11:00 DR Exercise Class 1:00 DR Chat Club 1:30 RR Spill & Spell ... Dice Game 2:30 RR Trivia Challenge 4:00 RR Oh, Shoot! ... Dice Game</p>	<p>30</p> <p>9:00 O Banking 10:00 RR Table Talk Tidbits 11:00 DR Exercise Class 1:00 RR Chat Club 1:30 O Tour the Town  3:30 RR Quarter Bingo 5:30 RR Pinochle Club</p>		

Happy Birthday

3rd Doris Camp
6th Deanna Klaus
20th Lois Gramer
22nd Del Stremler

Happy Birthday to You

We're sending warm wishes to all our residents celebrating a birthday this month. We hope you have a wonderful day!

Welcome New Residents

Welcome to our new resident, Shirley Levine! We are so proud that you've chosen Valley View as your new home. If there is anything our staff can do to make your living experience better, please let us know. We are here to serve you!

Consumer Tips

Tax Help From the IRS

The deadline for filing most income tax returns is approaching. You can get answers to your federal tax questions by visiting [IRS.gov](https://www.irs.gov) or by calling the IRS Tax Help Line for Individuals at (800) 829-1040. To check the status of your refund, call the Refund Hotline at (800) 829-1954. The Help Line and Refund Hotline are available from 7 am to 7 pm (local time), Monday through Friday.

Just for Fun

Weekend Puzzler Competition

Attention Puzzlers, don't forget to pick up your weekend puzzler-packet and turn it in by Monday for a chance to be entered in the weekly drawing for cash prizes. Puzzles and brain games are entertaining, fun and challenge the mind. Beyond their fun and stimulating nature, these activities offer profound mental benefits that can enhance cognitive abilities, improve emotional well-being, and even contribute to long-term brain health. Good luck, everyone!

Laugh Lines: Funny Side Up

Have fun cracking up at these egg-cellent puns!

Q: When's the best time to tell an egg joke?

A: At the crack of dawn!

Q: How does a chicken leave the coop?

A: Through the eggs-it.

Q: Why did the hen lay an egg on an axe?

A: She was trying to hatchet.

Q: Who tells the best egg jokes?

A: Comedi-hens!

Q: Why did the hen fall asleep on the job?

A: She was eggs-hausted.

Q: What's an egg's favorite tree?

A: The mighty yolk.

Q: Do dinosaurs lay eggs?

A: Not anymore—they're egg-stinct!



Right as Rain

Don't let April showers dampen your enthusiasm to learn all about rain!

- Each minute, 1 billion tons of rain falls on the Earth.
- Nimbostratus and cumulonimbus are the two most common types of rain clouds. The nimbostratus is a flat, gray cloud that hangs low in the sky. The cumulonimbus is a tall, puffy cloud that looks flat at the top and has a dark gray base.
- Falling at an average speed of 14 mph and from an average cloud height of 2,500 feet, a raindrop takes about two minutes to hit the ground.
- Grass looks greener after a shower because rain contains nitrogen, which is a natural fertilizer.
- Scientists say rain is not actually shaped like a teardrop. Raindrops start out in a spherical shape, and as they fall, they encounter air pressure that flattens the bottom of the drops, so they actually look like the top half of a hamburger bun.
- Petrichor is the word that describes the scent of rain. When raindrops fall on clay or dusty soils, they trap small air bubbles on the surface, which then rise and burst out of the droplets, producing the fresh, familiar fragrance.