

1130 N Allumbaugh Street
Boise, ID 83704
(208) 322-0311
Fax: (208) 854-8653

*A Tradition of
Excellence in Boise*

Find us on

Garden Plaza of Valley View

“Continuum of Care Campus”

Enjoy Independent Living, Assisted Living, Skilled Nursing and Rehabilitation at its best at Garden Plaza of Valley View, The Bridge at Valley View and Valley View Nursing and Rehabilitation. Our community encourages seniors to live their retirement years actively and independently. Retirement Living at Garden Plaza allows seniors to live carefree lifestyles—because we take care of the details! We are committed to creating a place you will love to call home!

Management Team

Eddie Johnson General Mgr
Jaimie Cox Business Office
Jennifer Kavulich Dining Svs
Frank Dowd Maintenance
Sherrie Hix Recreation
Melanie Eames Sales
Pam Dillman Sales



Important Numbers

Front Desk 208-322-0311
Beauty Shop 208-327-1178
Business Office 208-327-1023
Dining Room 208-327-1054
Emergency 911
Physical Therapy 208-854-8502
Recreation 208-327-1025

Office Hours

Monday-Friday 8 am - 4:30 pm
Front Desk Available 24/7



Independence Day

More than any other holiday, Independence Day unifies our country. Citizens put aside their differences and remember our many reasons for national pride. “From sea to shining sea,” our abundant natural resources support and inspire us. Our diverse populations are the source of our collective strength. Our freedoms and ideals are an inspiration for people around the globe. This Independence Day, experience the full meaning of this special event. Join us on July 4 as we celebrate the birthday of our great nation in the bar area at 3 pm. We’ll have a blast!

Banish Summer Boredom

Long summer days with not much on a to-do list can make many seniors stir crazy. If this is the case for you, seize the day and create your own schedule, then stick to it. Think of the things you enjoy doing, then pen your wish list of activities in a daily planner. An example day might be waking up and planning to read the newspaper for an hour after breakfast. Then spend an hour socializing, bird watching or people watching! Slate the next hour as a time for writing—whether poetry, letters to loved ones or personal journaling. Get a friend to craft a similar schedule so your days intersect ... and don’t forget about exercise and community activities. Regular schedules keep our minds focused and give us something to look forward to. So, what are you doing today?

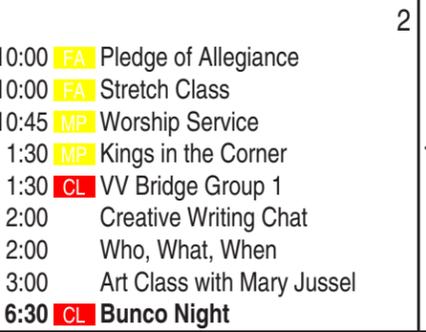
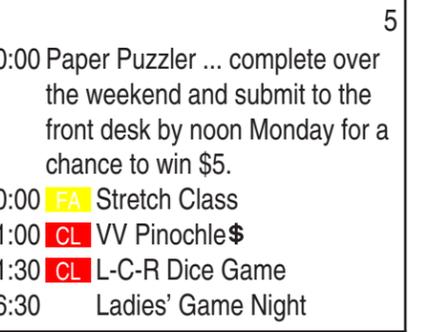


Summer Fun

Summer is always fun in our community, and this year is no different. We’re planning fun activities to take advantage of the warm weather, so watch for details in the community activity bulletin. If you have any suggestions, please stop by my office. See you soon! ~ Sherrie

Spread the News

Don’t you just love living in our community? Whether it’s because of our great staff, great location or great amenities, make sure you tell everyone you know about how much you love living here. Then, if they visit us, sign a lease and move in, you’ll receive a reward.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Hello JULY</p>						
6	7	8	9	10	11	12
<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</p> <p>11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 Quiddler</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Bible Study 11:00 L Walking Club 1:15 MP Catholic Rosary 1:30 In the Mix- Baking 2:30 Sorting Jewelry -Youth Ranch 3:30 CL L-C-R Dice Game 6:30 Mix & Mingle Night!</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Book Club 11:00 L Walking Club 12:30 L Bookmobile 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 Quarter Bingo 6:30 Trivia Game Night</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 Creative Writing Chat 2:00 Who, What, When 3:00 Art Class with Mary Jussel 6:30 CL Bunco Night</p>	<p>9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 6:30 Gospel Singers</p>	<p>9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Albertsons 11:00 L Walking Club 11:30 Lunch Out! 1:00 Mahjong 1:30 Shop ... Walmart 2:00 CL Ice Cream Social 3:15 Quarter Bingo</p>	<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 6:30 Ladies' Game Night</p>
13	14	15	16	17	18	19
<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</p> <p>11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 Quiddler</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Bible Study 11:00 L Walking Club 1:15 MP Catholic Rosary 1:30 In the Mix- Baking 2:00 MP Parkinson's Support Grp. 3:30 CL L-C-R Dice Game</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Book Club 10:30 MP Veterans' Coffee Social 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 Quarter Bingo 6:30 Trivia Game Night</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 11:30 Outdoor Summer BBQ 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 Creative Writing Chat 2:00 MP Travelogue 3:30 MP Team Jeopardy 5:00 L Meet & Greet the Artist 6:30 CL Bunco Night</p>	<p>9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 New Resident Meet & Greet</p>	<p>9:30 Brunch In The Rose Garden 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Albertsons 11:00 MP BVA Meeting 11:00 L Walking Club 1:00 Mahjong 1:30 Shop ... Winco 2:00 CL Ice Cream Social 3:15 Quarter Bingo</p>	<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 6:30 Ladies' Game Night</p>
20	21	22	23	24	25	26
<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</p> <p>11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 Quiddler</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Bible Study 11:00 L Walking Club 1:15 MP Catholic Rosary 1:30 In the Mix- Baking 2:00 MP Catholic Mass 2:30 Sorting Jewelry -Youth Ranch 3:30 CL L-C-R Dice Game</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 1:30 Idaho State Museum 2:00 MP Do You Recall? 3:15 Quarter Bingo 6:30 Trivia Game Night</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 Creative Writing Chat 2:00 Lifelong Learning 3:30 MP Team Jeopardy 6:30 CL Bunco Night</p>	<p>9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 Happy Hour 6:30 Bingo Madness</p>	<p>9:00 Walk the Park 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop ... Albertsons 11:00 L Walking Club 1:00 Mahjong 1:30 Shop ... Thrift Store 2:00 CL Ice Cream Social 3:00 Resident Birthday Bash</p>	<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5. 10:00 FA Stretch Class 1:00 CL VV Pinochle\$ 1:30 CL L-C-R Dice Game 6:30 Ladies' Game Night</p>
27	28	29	30	31		
<p>10:00 Paper Puzzler ... complete over the weekend and submit to the front desk by noon Monday for a chance to win \$5.</p> <p>11:00 MP Catholic Service 2:00 MP Movie & Popcorn 2:00 Quiddler</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Bible Study 11:00 L Walking Club 1:15 MP Catholic Rosary 1:30 In the Mix- Baking 2:30 Activity Planning 3:30 CL L-C-R Dice Game</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 11:00 Food Committee Meeting 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 FA Balance Exercise Class 2:00 MP Do You Recall? 3:15 Quarter Bingo 6:30 Trivia Game Night</p>	<p>10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:45 MP Worship Service 1:30 MP Kings in the Corner 1:30 CL VV Bridge Group 1 2:00 Creative Writing Chat 2:00 You Be The Judge 3:30 MP Team Jeopardy 6:30 CL Bunco Night</p>	<p>9:30 Banking 10:00 FA Pledge of Allegiance 10:00 FA Stretch Class 10:30 Shop Fred Meyer 11:00 L Walking Club 1:00 CL VV Pinochle\$ 1:30 CL Blackjack "21" 1:30 Tour the Town 3:30 FA Funny Money Auction\$\$\$</p>		



Happy Birthday!

Make a wish and blow out the candles! To all our residents celebrating birthdays this month, we offer best wishes.

- 3rd Ken Fries
- 7th Joyce Palazzolo
- 17th Sharon Nelson
- 19th Ron Jennings
- 22nd Gale Nehrig
- 22nd Joan Kelly
- 26th Dorothy Stevens
- 28th Clarence Forrey
- 31st Harvey Pitman



Serving It Up: Hot Diggity Dog

The third Wednesday in July is National Hot Dog Day. Join us for our Hot Dog Buffet on July 16th at **11:30!**

Relish these riddles about one of America’s favorite foods.

Q: How was the Fourth of July cookout?

A: The hot dogs were good, but the brats were the wurst.

Q: Did you see the new movie about the hot dog?

A: It’s an Oscar wiener.

Q: Why did the hot dog turn down a chance to star in a summer blockbuster?

A: The “roll” wasn’t good enough.

Q: How does a hot dog travel?

A: In a wiener-bago.

Q: What did the vendor do after running out of hot dogs?

A: He made a concession speech.

Q: What’s the first rule of a hot dog race?

A: Wiener takes all.

Q: Did you hear about the lost sausage?

A: There’s a missing link in the case.

Q: What did the mother hot dog say to the ornery baby hot dog?

A: “Ketchup! And don’t be a brat.”

Q: Where did the hot dog escape a close shave?

A: At the barber-cue.

Q: What do you call an outspoken hot dog?

A: A frank-furter.



Bingo Madness

Get in the game! Are you ready for an evening of fun, excitement, and fabulous prizes? Whether you’re a seasoned bingo enthusiast or a curious newcomer, there’s a spot for you in the action. We’ll have rounds of classic bingo games, surprise twists, and chances to win amazing gifts for a perfect game night. Don’t miss out on the chance to shout “Bingo!” and take home the grand prize. Check calendar for details.



Going Once, Going Twice

Come spend your funny money at our auction on July 31st. Funny Money reminds us that happiness is priceless and laughter is a currency of its own. So, go ahead, make a bid, and let the fun begin!



Get the Scoop (or Two)

We’re hosting an ice cream social every Friday in July! Come check out our buffet of tasty ice cream and get the dish on community happenings. See calendar for details.

Activities

Walking Club!

Join us for our weekday walking club. We meet every day in the front lobby. You are welcome any time you can come. Previous experience not required! Walking is one of the best forms of exercise. Every step counts!

Make It a Date

Join us for a mix and mingle night with other residents in the community! It’s a wonderful opportunity to connect with your fellow residents, make new friends, and strengthen the bonds that make our community special. We look forward to seeing you there! Check the calendar for details.